

Folha1

GERAL	NOME	DORSAL	TEMPO	RITMO
1	PEDRO CRUZ	432	00:31:48	3:10 min/km
2	GONÇALO BORGES	785	00:32:15	3:13 min/km
3	MARIO CARREIRA	798	00:34:11	3:25 min/km
4	PAULO FERREIRA	657	00:34:18	3:25 min/km
5	FERNANDO SANTOS	180	00:34:35	3:27 min/km
6	JOAQUIM BAPTISTA	256	00:34:45	3:28 min/km
7	JOSUÉ OLIVEIRA	437	00:34:48	3:28 min/km
8	JOÃO PEDRO DIAS	257	00:35:00	3:30 min/km
9	TIAGO MOREIRA	796	00:35:10	3:31 min/km
10	PINTO RICARDO	780	00:35:15	3:31 min/km
11	FILIPE ROCHA	543	00:35:32	3:33 min/km
12	FERNANDO SILVA	658	00:35:41	3:34 min/km
13	RUI LOPES	214	00:35:53	3:35 min/km
14	JOSÉ AFONSO	57	00:36:06	3:36 min/km
15	ARMINDO ANTUNES	89	00:36:42	3:40 min/km
16	GABRIEL TELES	573	00:36:43	3:40 min/km
17	DANIEL HENRIQUES	168	00:36:45	3:40 min/km
18	ALFONSO MORAL	930	00:36:52	3:41 min/km
19	ALEXANDRE MONTEIRO	845	00:36:53	3:41 min/km
20	TIAGO SILVA	25	00:36:57	3:41 min/km
21	ANDRÉ SIMÕES	98	00:36:59	3:41 min/km
22	ALBERTO FONTE	592	00:37:02	3:42 min/km
23	JOSÉ MIGUEL AMARAL	879	00:37:08	3:42 min/km
24	ANTÓNIO MOREIRA	819	00:37:13	3:43 min/km
25	ALEXANDRE MESTRE	731	00:37:15	3:43 min/km
26	PEDRO FERREIRA	21	00:37:17	3:43 min/km
27	CARLA MARTINHO	4	00:37:21	3:44 min/km
28	SÉRGIO LOPES	414	00:37:21	3:44 min/km
29	LUÍS SIMÕES	394	00:37:32	3:45 min/km
30	ALIPIO MENDES	912	00:37:45	3:46 min/km
31	CARLOS PIMENTA	33	00:37:50	3:47 min/km
32	LUÍS CANDEIAS	906	00:37:58	3:47 min/km
33	MIGUEL PATO	547	00:38:03	3:48 min/km
34	TONI SOARES	410	00:38:05	3:48 min/km
35	NUNO HÉLDER SILVA	583	00:38:05	3:48 min/km
36	JORGE SANTOS	413	00:38:12	3:49 min/km
37	MAURO AZEVEDO	503	00:38:26	3:50 min/km
38	ALEX TONDELA	254	00:38:28	3:50 min/km
39	NUNO AMARAL	896	00:38:30	3:51 min/km
40	FERNANDO ANTUNES	764	00:38:31	3:51 min/km
41	RICARDO MONTEIRO	652	00:38:32	3:51 min/km
42	FERNANDO ARAÚJO	688	00:38:38	3:51 min/km
43	NELSON BRAGA	72	00:38:44	3:52 min/km
44	HÉLDER MELO	13	00:38:46	3:52 min/km
45	PAULO GOMES	768	00:38:46	3:52 min/km
46	PATRÍCIA MARTO CARREIRA	373	00:38:47	3:52 min/km
47	CARLOS MARTINS	276	00:38:51	3:53 min/km
48	CARLOS ALMEIDA	487	00:38:59	3:53 min/km
49	ANTÓNIO FONSECA	176	00:39:01	3:54 min/km
50	MANUELINO COSTA	913	00:39:04	3:54 min/km
51	ANTÓNIO TRIGUEIRO	216	00:39:05	3:54 min/km
52	JOÃO CRUZ	154	00:39:06	3:54 min/km
53	VASCO PEREIRA	773	00:39:07	3:54 min/km
54	LUIS BARROS	16	00:39:09	3:54 min/km

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55	RUBEN PINTO	907	00:39:09	3:54 min/km
56	CARLOS NOBRE	86	00:39:12	3:55 min/km
57	JOÃO ROCHA	151	00:39:16	3:55 min/km
58	CÉSAR BARROS	289	00:39:22	3:56 min/km
59	ANSELMO ROCHA	27	00:39:23	3:56 min/km
60	SERGIO SOUSA	450	00:39:30	3:57 min/km
61	TIAGO ESTEVES	157	00:39:34	3:57 min/km
62	PEDRO GUEDES DIAS	700	00:39:36	3:57 min/km
63	FILIPPE SOUSA	18	00:39:37	3:57 min/km
64	PEDRO VARELA	102	00:39:40	3:58 min/km
65	ANDRE SANTOS	611	00:39:43	3:58 min/km
66	CARLOS RIBEIRO	15	00:39:44	3:58 min/km
67	FILIPPE CARVALHO	132	00:39:45	3:58 min/km
68	FILIPPE MOREIRA	513	00:39:47	3:58 min/km
69	DIOGO CHIN	648	00:39:47	3:58 min/km
70	NUNO TRUTA	405	00:39:48	3:58 min/km
71	RUI DANIEL DINI MELO	303	00:39:52	3:59 min/km
72	TIAGO JESUS	533	00:39:52	3:59 min/km
73	JOAQUIM MARTINS	671	00:40:00	3:59 min/km
74	FRANCSICO GAMELAS	397	00:40:01	4:00 min/km
75	PAULO PEREIRA	595	00:40:03	4:00 min/km
76	PEDRO SILVA	328	00:40:06	4:00 min/km
77	MIGUEL LAMAS	567	00:40:09	4:00 min/km
78	FERNANDO LOPES	815	00:40:16	4:01 min/km
79	DANIEL AGUIAR	723	00:40:17	4:01 min/km
80	JOÃO PAULO ALMEIDA	63	00:40:19	4:01 min/km
81	JACINTO OLIVEIRA	338	00:40:24	4:02 min/km
82	VÍTOR COELHO	769	00:40:24	4:02 min/km
83	RUI OLIVEIRA	162	00:40:26	4:02 min/km
84	PAULO RAMIREZ	915	00:40:31	4:03 min/km
85	JORGE PATO	546	00:40:32	4:03 min/km
86	FILIPPE RIBEIRO	633	00:40:34	4:03 min/km
87	JOSÉ GRAÇA	243	00:40:36	4:03 min/km
88	PEDRO HENRIQUES	506	00:40:36	4:03 min/km
89	PEDRO PATAÇÃO	570	00:40:36	4:03 min/km
90	RUI SILVA	853	00:40:36	4:03 min/km
91	TIAGO NEIVA	760	00:40:41	4:04 min/km
92	TIAGO MONTEIRO	653	00:40:42	4:04 min/km
93	PEDRO TAVARES	106	00:40:45	4:04 min/km
94	FERNANDO PINTO	778	00:40:45	4:04 min/km
95	VIRIATO OLIVEIRA	809	00:40:48	4:04 min/km
96	FILIPPE TELES	545	00:40:49	4:04 min/km
97	NUNO CAMPOS	356	00:40:51	4:05 min/km
98	RICARDO SILVA	541	00:40:55	4:05 min/km
99	MÁRIO DIAS	284	00:40:59	4:05 min/km
100	NUNO MAGALHÃES	792	00:41:02	4:06 min/km
101	MIGUEL TARUJO	859	00:41:05	4:06 min/km
102	CARLOS MARINHEIRO	721	00:41:11	4:07 min/km
103	PAULO GAMELAS	298	00:41:12	4:07 min/km
104	VASCO OLIVEIRA	270	00:41:13	4:07 min/km
105	MÁRIO PIRES	498	00:41:16	4:07 min/km
106	TOMÉ MATOS	382	00:41:20	4:08 min/km
107	PAULO ANTONIO	943	00:41:21	4:08 min/km
108	SAMUEL NEVES	549	00:41:24	4:08 min/km
109	CARLOS ROCHA	554	00:41:24	4:08 min/km

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110	LUIS MARTINS	12	00:41:25	4:08 min/km
111	DAVID JESUS	804	00:41:25	4:08 min/km
112	JOÃO FERNANDES	75	00:41:26	4:08 min/km
113	JOÃO PAULO RODRIGUES	334	00:41:30	4:09 min/km
114	NUNO MARTINS	369	00:41:30	4:09 min/km
115	PEDRO ACÚRCIO	255	00:41:32	4:09 min/km
116	PAULO SANTOS	473	00:41:36	4:09 min/km
117	JORGE ALVES	24	00:41:37	4:09 min/km
118	DANIEL CALVÃO	525	00:41:41	4:10 min/km
119	ANDRÉ MONTEIRO	836	00:41:46	4:10 min/km
120	ANA REIS	253	00:41:48	4:10 min/km
121	JOSÉ CASTRO	590	00:41:49	4:10 min/km
122	EMANUEL RODRIGUES	357	00:41:50	4:11 min/km
123	PEDRO VINAGRE	682	00:41:53	4:11 min/km
124	VALDEMAR OLIVEIRA	714	00:41:55	4:11 min/km
125	SÉRGIO PEREIRA	419	00:41:56	4:11 min/km
126	CELSO MOTA	421	00:41:56	4:11 min/km
127	RICARDO FERREIRA	263	00:41:57	4:11 min/km
128	GUILHERME MARTINS	660	00:41:57	4:11 min/km
129	BRUNO OLIVEIRA	206	00:41:58	4:11 min/km
130	MANUEL FONSECA	707	00:41:58	4:11 min/km
131	RICARDO MELO	716	00:41:59	4:11 min/km
132	JOÃO MALAQUIAS	830	00:42:00	4:12 min/km
133	LUIS MIGUEL FARIA	62	00:42:04	4:12 min/km
134	GONÇALO PATO	548	00:42:05	4:12 min/km
135	LUIS ALVES	686	00:42:06	4:12 min/km
136	DÊNIS QUADROS	44	00:42:09	4:12 min/km
137	RUI LIMA	143	00:42:09	4:12 min/km
138	DANIEL VIEIRA	131	00:42:10	4:13 min/km
139	JOSÉ GARCIA	466	00:42:10	4:13 min/km
140	LUIS RABAÇA	315	00:42:11	4:13 min/km
141	CARLOS RIPOLINS RIPOLINS	754	00:42:11	4:13 min/km
142	TIAGO PATACÃO	213	00:42:15	4:13 min/km
143	JOSÉ SANTOS	534	00:42:16	4:13 min/km
144	CARLOS HELENO	921	00:42:21	4:14 min/km
145	JORGE COSTA	695	00:42:26	4:14 min/km
146	PAULO SOUSA	766	00:42:28	4:14 min/km
147	ANDRÉ QUINTA NOVA	605	00:42:29	4:14 min/km
148	FERNANDO MORAIS	192	00:42:30	4:15 min/km
149	AURÉLIO SAÚDE	676	00:42:35	4:15 min/km
150	DANIEL ESPINHAL	858	00:42:35	4:15 min/km
151	NUNO VELHO	862	00:42:35	4:15 min/km
152	ALEXANDRE ALMEIDA	833	00:42:36	4:15 min/km
153	HÉLDER ALBUQUERQUE	704	00:42:37	4:15 min/km
154	ENGENIO CLARO	944	00:42:37	4:15 min/km
155	PAULO MONTEIRO	794	00:42:41	4:16 min/km
156	MARIA CEU	456	00:42:52	4:17 min/km
157	JORGE MOREIRA	56	00:42:58	4:17 min/km
158	JOSE BARROSO	929	00:42:59	4:17 min/km
159	FRED GOMES	755	00:43:00	4:18 min/km
160	DAVID MONJE	931	00:43:00	4:18 min/km
161	ADRIANO TABANEZ	479	00:43:02	4:18 min/km
162	RICARDO SILVA	378	00:43:05	4:18 min/km
163	HUGO SIMÕES	817	00:43:06	4:18 min/km
164	HEBER PIRES	842	00:43:10	4:19 min/km

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165	LUÍS ALMEIDA	269	00:43:13	4:19 min/km
166	EDIVALDO MACIEL	313	00:43:13	4:19 min/km
167	MÓNICA FERNANDES	333	00:43:13	4:19 min/km
168	RAUL FERREIRA	375	00:43:15	4:19 min/km
169	NUNO ALMEIDA	557	00:43:17	4:19 min/km
170	RICARDO SOUSA	779	00:43:17	4:19 min/km
171	FERNANDO PATO	377	00:43:19	4:19 min/km
172	MIGUEL SILVA	705	00:43:20	4:20 min/km
173	LUÍS RAMOS	314	00:43:23	4:20 min/km
174	BRUNO BOTAS	425	00:43:24	4:20 min/km
175	SERAFIM RAMOS	109	00:43:28	4:20 min/km
176	GONÇALO PINHO	383	00:43:28	4:20 min/km
177	DANIEL SOUSA	838	00:43:30	4:21 min/km
178	RICARDO FERRAO	572	00:43:33	4:21 min/km
179	CÉLIA MATIAS	134	00:43:34	4:21 min/km
180	HUGO SANTOS	667	00:43:35	4:21 min/km
181	PAULO FIDALGO	77	00:43:36	4:21 min/km
182	VITOR PINTO	863	00:43:43	4:22 min/km
183	VITOR MONTEIRO	690	00:43:44	4:22 min/km
184	JOSÉ FONSECA	117	00:43:46	4:22 min/km
185	CARLOS SANTOS	327	00:43:47	4:22 min/km
186	RICARDO BICA	674	00:43:48	4:22 min/km
187	MARCELO R DE OLIVEIRA	358	00:43:54	4:23 min/km
188	FRANCISCO FREITAS	234	00:43:56	4:23 min/km
189	CARLOS MARTINS	326	00:43:56	4:23 min/km
190	JOEL SANTOS	147	00:43:57	4:23 min/km
191	MÁRIO DUARTE	280	00:43:59	4:23 min/km
192	JOEL PEREIRA	807	00:43:59	4:23 min/km
193	ALBANO LOPES	770	00:44:01	4:24 min/km
194	PAULO PEREIRA	118	00:44:02	4:24 min/km
195	JOÃO SIMÕES	476	00:44:03	4:24 min/km
196	BRUNO MARQUES	510	00:44:04	4:24 min/km
197	AMÉRICO ALHAIS	789	00:44:05	4:24 min/km
198	NUNO CABRAL	388	00:44:07	4:24 min/km
199	ANTÓNIO OLIVEIRA	874	00:44:09	4:24 min/km
200	HELDER SILVA	945	00:44:11	4:25 min/km
201	CÉSAR LOPES	677	00:44:12	4:25 min/km
202	MÁRIO VIEIRA	679	00:44:12	4:25 min/km
203	MARTA MARQUES	406	00:44:13	4:25 min/km
204	JORGE ALMEIDA	274	00:44:15	4:25 min/km
205	RENATO CÉSAR RIBEIRO	50	00:44:16	4:25 min/km
206	ANTÓNIO OSÓRIO	575	00:44:16	4:25 min/km
207	JORGE PEIXOTO	209	00:44:20	4:26 min/km
208	RUI GATEIRA	824	00:44:21	4:26 min/km
209	ALEXANDRE SILVA	880	00:44:22	4:26 min/km
210	SÉRGIO FERRAZ	763	00:44:23	4:26 min/km
211	AMILCAR GARNACHO	864	00:44:23	4:26 min/km
212	JOÃO DIAS	306	00:44:24	4:26 min/km
213	FERNANDO FAUSTINO	207	00:44:25	4:26 min/km
214	ARMINDO BASTOS	181	00:44:26	4:26 min/km
215	PAUL SHEPHERD	795	00:44:26	4:26 min/km
216	MIGUEL CUNHA	742	00:44:28	4:26 min/km
217	MANUEL FERNANDES	771	00:44:29	4:26 min/km
218	JOAQUIM VELHO	861	00:44:29	4:26 min/km
219	MIRIAM MARTINS	490	00:44:33	4:27 min/km

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220	OSCAR RAMALHO	165	00:44:36	4:27 min/km
221	RUI FERREIRA	46	00:44:37	4:27 min/km
222	PAULO PEREIRA	793	00:44:39	4:27 min/km
223	JOSÉ GOUVEIA	229	00:44:40	4:28 min/km
224	RUI RUSSO SANTOS	790	00:44:40	4:28 min/km
225	HUGO TEIXEIRA	812	00:44:42	4:28 min/km
226	PAULO FREITAS	67	00:44:43	4:28 min/km
227	JOÃO OLIVEIRA	591	00:44:43	4:28 min/km
228	PEDRO GUIMARAES	99	00:44:44	4:28 min/km
229	ALEXANDRE SILVA	183	00:44:44	4:28 min/km
230	DANIELA FALCÃO	523	00:44:45	4:28 min/km
231	SANDRA CABRAL	565	00:44:46	4:28 min/km
232	RICARDO JESUS	187	00:44:47	4:28 min/km
233	JOÃO PAULO FIGUEIREDO	336	00:44:47	4:28 min/km
234	ALEXANDRE DIAS	83	00:44:48	4:28 min/km
235	RICARDO MOTA	825	00:44:51	4:29 min/km
236	DIANA CHAVES LOURENÇO	687	00:44:53	4:29 min/km
237	BRUNO BARGE	814	00:44:54	4:29 min/km
238	NELSON DUARTE	31	00:44:56	4:29 min/km
239	PETRA SSLIEPERS	857	00:44:56	4:29 min/km
240	ANTÓNIO SILVA	685	00:44:58	4:29 min/km
241	BRUNO ARAUJO	885	00:44:58	4:29 min/km
242	MARIA HELENA COSTA	878	00:44:59	4:29 min/km
243	ALEXANDRE CARDOSO	827	00:45:00	4:30 min/km
244	TIAGO SOARES	173	00:45:01	4:30 min/km
245	JOÃO SANTANA	616	00:45:02	4:30 min/km
246	HELDER RODRIGUES	199	00:45:03	4:30 min/km
247	HELDER FONSECA	566	00:45:04	4:30 min/km
248	ANDRÉ BAPTISTA	578	00:45:07	4:30 min/km
249	HUGO COSTA	607	00:45:08	4:30 min/km
250	RITA ALMEIDA	362	00:45:09	4:30 min/km
251	RUI LEBRE	801	00:45:11	4:31 min/km
252	HERNANI AMARAL	552	00:45:12	4:31 min/km
253	FERNANDO ALBUQUERQUE	762	00:45:14	4:31 min/km
254	PEDRO SILVA	492	00:45:16	4:31 min/km
255	FILIPE CUNHA	608	00:45:22	4:32 min/km
256	SAMUEL MARTINHO	92	00:45:25	4:32 min/km
257	FÁBIO COSTA	94	00:45:25	4:32 min/km
258	FERNANDO LOPES	515	00:45:28	4:32 min/km
259	CARLOS ROCHA	901	00:45:31	4:33 min/km
260	ANTONIO DIAS	497	00:45:35	4:33 min/km
261	RICARDO SILVA	584	00:45:36	4:33 min/km
262	MARCO CAÇADOR	288	00:45:37	4:33 min/km
263	NELSON ROSA	360	00:45:40	4:34 min/km
264	ANA JORGE	296	00:45:41	4:34 min/km
265	PAULO ABRANTES	123	00:45:42	4:34 min/km
266	CARLOS GUERRA	530	00:45:42	4:34 min/km
267	ANDRE ASSENA	505	00:45:43	4:34 min/km
268	ZÉ NUNO VASCONCELOS	367	00:45:44	4:34 min/km
269	MIGUEL ROCHA	722	00:45:45	4:34 min/km
270	MÁRIO SÁ-CARNEIRO	781	00:45:45	4:34 min/km
271	RICARDO FIGUEIREDO	335	00:45:48	4:34 min/km
272	MIGUEL REIS	542	00:45:48	4:34 min/km
273	HUGO MAGALHÃES	886	00:45:53	4:35 min/km
274	CARLOS PINTO JOÃO	899	00:45:57	4:35 min/km

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275	HUGO CHUMBO	417	00:45:59	4:35 min/km
276	PEDRO FAMILIAR	438	00:46:01	4:36 min/km
277	OSCAR SANTOS	849	00:46:03	4:36 min/km
278	PEDRO DANIEL SANTOS	669	00:46:04	4:36 min/km
279	PAULO PINTO	673	00:46:04	4:36 min/km
280	CARLOS CAMPOS	706	00:46:06	4:36 min/km
281	JOSÉ MANTA	822	00:46:06	4:36 min/km
282	VITOR LOPES	71	00:46:07	4:36 min/km
283	LUIS PEDROSO	881	00:46:07	4:36 min/km
284	ANTOINE DEBEAUVAIS	475	00:46:08	4:36 min/km
285	DAVID TEIXEIRA	54	00:46:09	4:36 min/km
286	ROSA FERREIRA	646	00:46:09	4:36 min/km
287	VICTOR SA	650	00:46:09	4:36 min/km
288	JOÃO MOREIRA	88	00:46:12	4:37 min/km
289	ANTÓNIO LOURENÇO	727	00:46:12	4:37 min/km
290	MANUEL MAIA	488	00:46:14	4:37 min/km
291	PAULO TEIXEIRA	735	00:46:15	4:37 min/km
292	FILIPE ALMEIDA	531	00:46:17	4:37 min/km
293	DIOGO ANTUNES	946	00:46:17	4:37 min/km
294	JOÃO HENRIQUES	579	00:46:18	4:37 min/km
295	CARLOS ESTIMA	537	00:46:20	4:38 min/km
296	AMILCAR HENRIQUES	532	00:46:21	4:38 min/km
297	CATARINA QUINTEIRO	464	00:46:22	4:38 min/km
298	PEDRO SILVA	504	00:46:22	4:38 min/km
299	FERNANDO SANTOS	672	00:46:23	4:38 min/km
300	JOAO DOMINGUES	926	00:46:28	4:38 min/km
301	CATARINA MARTINS	927	00:46:28	4:38 min/km
302	IOLANDA FILIPE	169	00:46:32	4:39 min/km
303	VITOR ESTRELA	582	00:46:32	4:39 min/km
304	JOÃO COELHO	586	00:46:35	4:39 min/km
305	RODRIGO SANTOS	536	00:46:37	4:39 min/km
306	ALESSIO ROSSI	826	00:46:37	4:39 min/km
307	ALEXANDRE DUARTE	35	00:46:38	4:39 min/km
308	JOÃO CATALÃO	550	00:46:41	4:40 min/km
309	JOSE MORAIS	84	00:46:43	4:40 min/km
310	PAULO GIL	140	00:46:43	4:40 min/km
311	FRANCISCO CALDAS	620	00:46:43	4:40 min/km
312	PAULO COSTA	649	00:46:43	4:40 min/km
313	NUNO RIBEIRO	767	00:46:44	4:40 min/km
314	CARLOS RODRIGUES	713	00:46:45	4:40 min/km
315	MARCO SANTOS	121	00:46:47	4:40 min/km
316	LUÍS BRANCO	339	00:46:53	4:41 min/km
317	NARCISO ARROMBA	286	00:46:55	4:41 min/km
318	FERNANDO MAIA	710	00:46:56	4:41 min/km
319	VICTOR SANTOS	520	00:46:57	4:41 min/km
320	JORGE HENRIQUES	724	00:46:57	4:41 min/km
321	DAVIDE PINHEIRO	39	00:47:00	4:42 min/km
322	PAULO GOMES	42	00:47:00	4:42 min/km
323	FRANCISCO SANTOS	119	00:47:03	4:42 min/km
324	JOANA QUINTÃ	278	00:47:08	4:42 min/km
325	LEANDRO RAMOS	48	00:47:15	4:43 min/km
326	LUÍS CARVALHO	221	00:47:18	4:43 min/km
327	FILIPA GOMES	264	00:47:19	4:43 min/km
328	SERGIO SANTOS	840	00:47:21	4:44 min/km
329	TIAGO OLIVEIRA	179	00:47:22	4:44 min/km

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330	JOÃO MARQUES	355	00:47:24	4:44 min/km
331	CLAUDIA CALIX	739	00:47:25	4:44 min/km
332	NELSON FONTELA	916	00:47:25	4:44 min/km
333	MANUEL MARÇAL	529	00:47:27	4:44 min/km
334	RUI BARROS	698	00:47:28	4:44 min/km
335	JOSÉ BATATA	555	00:47:30	4:45 min/km
336	DAS NEVES	932	00:47:30	4:45 min/km
337	FILIPE RATO	860	00:47:32	4:45 min/km
338	JOÃO RODRIGUES	23	00:47:33	4:45 min/km
339	JOÃO PEREIRA	104	00:47:36	4:45 min/km
340	MIGUEL LOUREIRO	381	00:47:38	4:45 min/km
341	PEDRO MARQUES	805	00:47:40	4:46 min/km
342	PETER ELIOPOULOS	933	00:47:42	4:46 min/km
343	ANGELINA FERREIRA	647	00:47:47	4:46 min/km
344	PEDRO NEVES	544	00:47:48	4:46 min/km
345	RUBEN BENTO	839	00:47:51	4:47 min/km
346	AUGUSTO RODRIGUES	412	00:47:53	4:47 min/km
347	DAVIDE PEREIRA	239	00:47:58	4:47 min/km
348	MIGUEL GONÇALVES	602	00:47:58	4:47 min/km
349	ANTÓNIO LEMOS	295	00:47:59	4:47 min/km
350	SUSANA ROSA	746	00:47:59	4:47 min/km
351	MÁRIO CONDE	821	00:48:01	4:48 min/km
352	PEDRO PAIXAO	272	00:48:02	4:48 min/km
353	GABRIEL FARIAS	332	00:48:03	4:48 min/km
354	ANDRE MATOS	451	00:48:05	4:48 min/km
355	JOAO SILVA	851	00:48:06	4:48 min/km
356	FILIPE FERNANDES	867	00:48:06	4:48 min/km
357	PAULO SILVA	643	00:48:10	4:49 min/km
358	PEDRO FERNANDES	58	00:48:12	4:49 min/km
359	PAULO GONÇALVES	872	00:48:12	4:49 min/km
360	ARTUR VARUM	873	00:48:13	4:49 min/km
361	DANIEL GANDAREZ	386	00:48:15	4:49 min/km
362	ALBERTO BRANCO	108	00:48:16	4:49 min/km
363	PAULO SERRA	528	00:48:19	4:49 min/km
364	CARLOS NOGUEIRA	574	00:48:19	4:49 min/km
365	RUI PAIVA	458	00:48:24	4:50 min/km
366	BRUNO BASTOS	391	00:48:25	4:50 min/km
367	HUGO FERREIRA	782	00:48:27	4:50 min/km
368	LUIS RODRIGUES	810	00:48:31	4:51 min/km
369	RUI PEREIRA	230	00:48:35	4:51 min/km
370	BRUNO LAMEIRO	606	00:48:36	4:51 min/km
371	HERCULANO GOMES	219	00:48:38	4:51 min/km
372	JOÃO PIO	478	00:48:39	4:51 min/km
373	ANTÓNIO TRAVESSO	371	00:48:40	4:52 min/km
374	LUISA MOTA	81	00:48:43	4:52 min/km
375	MARIA CAETANO	427	00:48:43	4:52 min/km
376	HUGO PANÃO	193	00:48:45	4:52 min/km
377	JOSÉ SANTOS	717	00:48:45	4:52 min/km
378	GEORGE MARTINS	891	00:48:49	4:52 min/km
379	FRANCISCO GONÇALVES	470	00:48:51	4:53 min/km
380	FERNANDO LOPES	736	00:48:51	4:53 min/km
381	RUI FEIJÃO	737	00:48:52	4:53 min/km
382	LUÍS C. FONSECA	776	00:48:52	4:53 min/km
383	MIGUEL MATIAS	246	00:48:54	4:53 min/km
384	MARGARIDA MALAQUIAS	666	00:48:54	4:53 min/km

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385	CÉSAR LISBOA	52	00:49:02	4:54 min/km
386	JORGE GONCALO	110	00:49:04	4:54 min/km
387	ANTÓNIO AUGUSTO SILVA	875	00:49:04	4:54 min/km
388	PAULO MOREIRA	884	00:49:07	4:54 min/km
389	JOÃO COUTINHO	474	00:49:09	4:54 min/km
390	JORGE JULIÃO	902	00:49:10	4:55 min/km
391	JORGE EUSÉBIO BARBOSA GOMES	262	00:49:11	4:55 min/km
392	TIAGO CARVALHO	890	00:49:17	4:55 min/km
393	RUI IGREJA	772	00:49:19	4:55 min/km
394	ANDRÉ CARVALHO	496	00:49:20	4:56 min/km
395	FELICIA FERNANDES	166	00:49:22	4:56 min/km
396	JUAN PINHO	403	00:49:22	4:56 min/km
397	JOAO REDONDO	205	00:49:24	4:56 min/km
398	DURVAL PINHEIRO	636	00:49:24	4:56 min/km
399	PEDRO CORREIA	753	00:49:24	4:56 min/km
400	ANTONIO PINHEIRO	635	00:49:25	4:56 min/km
401	FRANCISCO FERNANDES	237	00:49:26	4:56 min/km
402	RUI JORGÉ MARTINS	195	00:49:31	4:57 min/km
403	ANTONIO BARROS	325	00:49:31	4:57 min/km
404	SÉRGIO CAMILO	350	00:49:32	4:57 min/km
405	PAULO PINTO	540	00:49:33	4:57 min/km
406	CARLOS BARROSO	22	00:49:36	4:57 min/km
407	PAULO TAVARES	942	00:49:43	4:58 min/km
408	JOÃO FERREIRA	430	00:49:45	4:58 min/km
409	SANDRA OLSSON	91	00:49:48	4:58 min/km
410	RUI COSTA	174	00:49:48	4:58 min/km
411	RICARDO BATISTA	275	00:49:49	4:58 min/km
412	VITOR MARTINS	354	00:49:49	4:58 min/km
413	JOSÉ MARTINS	370	00:49:50	4:59 min/km
414	VALTER SANTOS	61	00:49:51	4:59 min/km
415	ARNALDO JORGE SILVA	223	00:49:52	4:59 min/km
416	HUGO PETRONILHO	659	00:49:52	4:59 min/km
417	CONSTANTINO SOUSA	797	00:49:52	4:59 min/km
418	RICARDO LOPES	387	00:49:56	4:59 min/km
419	JOSÉ MANUEL CRUZ COSTA	250	00:49:58	4:59 min/km
420	CÉSAR RODRIGUES	514	00:49:59	4:59 min/km
421	FRANCISCO CATALÃO	551	00:50:00	5:00 min/km
422	SILVAR KALLIP	856	00:50:02	5:00 min/km
423	RAQUEL LINHARES	200	00:50:09	5:00 min/km
424	HELENA CUSTÓDIO	281	00:50:10	5:01 min/km
425	SARA RUMOR	426	00:50:11	5:01 min/km
426	VERA FIGUEIREDO	155	00:50:14	5:01 min/km
427	CRISTOPHE PASCOA	630	00:50:17	5:01 min/km
428	MARTA SOUSA	594	00:50:18	5:01 min/km
429	ANTONIO SALGUEIREDO	897	00:50:23	5:02 min/km
430	ALDA CORDEIRO	914	00:50:23	5:02 min/km
431	MIGUEL QUEIRÓS	271	00:50:25	5:02 min/km
432	JOSÉ ALBERTO	351	00:50:26	5:02 min/km
433	HELDER CAMPOS	55	00:50:28	5:02 min/km
434	NUNO OLIVEIRA	517	00:50:28	5:02 min/km
435	ANDRÉ OLIVEIRA	167	00:50:31	5:03 min/km
436	RUI BICA	675	00:50:31	5:03 min/km
437	DÁRIO MIRANDA	53	00:50:32	5:03 min/km
438	JOAQUIM GOMES	831	00:50:32	5:03 min/km
439	NUNO PAIVA	457	00:50:33	5:03 min/km

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440	JOSÉ COUCEIRO	866	00:50:33	5:03 min/km
441	JOÃO PEDRO DA COSTA	78	00:50:35	5:03 min/km
442	CRISTINA SANTOS	159	00:50:35	5:03 min/km
443	DINA SOUSA	160	00:50:35	5:03 min/km
444	FILIPE RAMALHEIRA	743	00:50:36	5:03 min/km
445	JOSÉ LUCAS	556	00:50:37	5:03 min/km
446	MIGUEL MOURA	218	00:50:39	5:03 min/km
447	CARLOS LOUREIRO	576	00:50:41	5:04 min/km
448	SERGIO AMARAL	712	00:50:42	5:04 min/km
449	SOFIA FIGUEIREDO	156	00:50:46	5:04 min/km
450	ESTER SOARES	236	00:50:48	5:04 min/km
451	JOAQUIM NUNES	689	00:50:51	5:05 min/km
452	ROSARIO ROSADO	734	00:50:51	5:05 min/km
453	CARLOS MARQUES	868	00:50:51	5:05 min/km
454	ANTONIO LOUREIRO	36	00:50:58	5:05 min/km
455	SAMUEL RAMOS	587	00:50:59	5:05 min/km
456	FERNANDA CORDEIRO	491	00:51:01	5:06 min/km
457	LUÍS FARIA	428	00:51:02	5:06 min/km
458	MARCOS RATOLA	409	00:51:04	5:06 min/km
459	VITOR OSÓRIO	60	00:51:06	5:06 min/km
460	PEDRO SÃO MIGEL	235	00:51:08	5:06 min/km
461	DANIELA FERREIRA	311	00:51:08	5:06 min/km
462	ISABEL RIBAU	312	00:51:08	5:06 min/km
463	SOFIA COELHO	622	00:51:09	5:06 min/km
464	ANTONIO PORRAO	624	00:51:09	5:06 min/km
465	ANGEL LOURENZO	925	00:51:10	5:07 min/km
466	SUSANA LOPES	615	00:51:11	5:07 min/km
467	LUCIANO SARRAZOLA	217	00:51:12	5:07 min/km
468	ARMÉNIO NEVES	524	00:51:12	5:07 min/km
469	RICARDO ANDRÉS	733	00:51:12	5:07 min/km
470	LEONARDO SOARES	820	00:51:12	5:07 min/km
471	JOÃO REIS	521	00:51:16	5:07 min/km
472	ANTONIO TAFULA	411	00:51:20	5:08 min/km
473	LILIANA MARTINS	122	00:51:27	5:08 min/km
474	JÚLIO FERREIRA	374	00:51:27	5:08 min/km
475	DAVID CARTAXO	435	00:51:27	5:08 min/km
476	HUGO PINTO	11	00:51:28	5:08 min/km
477	CAROLINA PEREIRA	379	00:51:29	5:08 min/km
478	PEDRO QUARESMA	380	00:51:29	5:08 min/km
479	JORGE RAMOS	940	00:51:29	5:08 min/km
480	PEDRO PINHEIRO	924	00:51:30	5:08 min/km
481	JORGE LOUREIRO	40	00:51:31	5:09 min/km
482	MARCO MARQUES	928	00:51:31	5:09 min/km
483	CARINA OLIVEIRA	895	00:51:32	5:09 min/km
484	GILBERTO PRIOR	923	00:51:32	5:09 min/km
485	PAULO MENEZES	242	00:51:33	5:09 min/km
486	ANTONIO LEMOS	366	00:51:34	5:09 min/km
487	MIGUEL PACHECO	681	00:51:37	5:09 min/km
488	JOÃO BERNARDO	396	00:51:42	5:10 min/km
489	DAVID MADAIL	501	00:51:43	5:10 min/km
490	JOSÉ CAETANO	141	00:51:45	5:10 min/km
491	JORGE MARQUES	597	00:51:46	5:10 min/km
492	JOÃO GALAGHAR	774	00:51:46	5:10 min/km
493	RUI CORREIA	323	00:51:47	5:10 min/km
494	NUNO TORRES	911	00:51:49	5:10 min/km

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495	CRISTINA DUARTE	398	00:51:53	5:11 min/km
496	PAULO CALISTO	522	00:51:55	5:11 min/km
497	BRUNO RAMA	580	00:51:56	5:11 min/km
498	ADRIANO SANTOS	691	00:51:57	5:11 min/km
499	ANDRE PINTO	463	00:51:59	5:11 min/km
500	MARISOL DOMINGUES	431	00:52:03	5:12 min/km
501	BÁRBARA ABREU	372	00:52:04	5:12 min/km
502	DANIEL ANTUNES	138	00:52:05	5:12 min/km
503	CLAUDIA SILVA	507	00:52:05	5:12 min/km
504	SÉRGIO PINHEIRO	508	00:52:05	5:12 min/km
505	PAULO PIMENTEL	96	00:52:07	5:12 min/km
506	JOSÉ CARVALHO	749	00:52:09	5:12 min/km
507	PAULO DIAS	210	00:52:12	5:13 min/km
508	PAULO DÂMASO	614	00:52:12	5:13 min/km
509	PAULO HENRIQUES	1	00:52:13	5:13 min/km
510	DINA MOTA	107	00:52:15	5:13 min/km
511	INÊS GOMES	212	00:52:15	5:13 min/km
512	CARLOS TAVARES	852	00:52:16	5:13 min/km
513	CAMILO DUARTE	344	00:52:18	5:13 min/km
514	FERNANDO MENESES	321	00:52:20	5:14 min/km
515	TIAGO SILVA	322	00:52:20	5:14 min/km
516	ROSA TAVARES	73	00:52:21	5:14 min/km
517	JOÃO SEQUEIROS	330	00:52:24	5:14 min/km
518	NUNO FONTES	783	00:52:25	5:14 min/km
519	JOANA REBELO	728	00:52:28	5:14 min/km
520	HENRIQUE SANTOS	786	00:52:30	5:15 min/km
521	DINIS SANTOS	811	00:52:33	5:15 min/km
522	NUNO OLIVEIRA	725	00:52:35	5:15 min/km
523	MARLENE BRITO	161	00:52:44	5:16 min/km
524	PEDRO RIBAU	539	00:52:48	5:16 min/km
525	PAULO RIBEIRO	887	00:52:49	5:16 min/km
526	FÁBIO MAGALHÃES	291	00:52:51	5:17 min/km
527	ADRIANO TEIXEIRA	471	00:52:51	5:17 min/km
528	ANDRÉ NOVAIS	726	00:52:51	5:17 min/km
529	ROSA ROSARIO	623	00:52:54	5:17 min/km
530	ANTONIO SILVA	343	00:52:56	5:17 min/km
531	MOISES FERNANDES	105	00:52:57	5:17 min/km
532	JOHN PEREIRA	808	00:52:57	5:17 min/km
533	MANUEL CARVALHO	889	00:53:00	5:18 min/km
534	SOFIA MAIA	65	00:53:02	5:18 min/km
535	VITOR RAMALHO	775	00:53:02	5:18 min/km
536	PEDRO MAIA	64	00:53:03	5:18 min/km
537	NUNO MARTINS	222	00:53:03	5:18 min/km
538	SUSANA COSTA	440	00:53:06	5:18 min/km
539	OLIVEIRA DE SOUSA	787	00:53:06	5:18 min/km
540	HÉLDER MACHADO	788	00:53:06	5:18 min/km
541	CARMEN MAGALHÃES	189	00:53:08	5:18 min/km
542	CESARIO ROCHA	900	00:53:10	5:19 min/km
543	CARLOS MARTINS	404	00:53:11	5:19 min/km
544	JOÃO DUARTE	751	00:53:11	5:19 min/km
545	LEONOR FERREIRA	683	00:53:12	5:19 min/km
546	ANA EUSTÁQUIO	750	00:53:12	5:19 min/km
547	JOSÉ PIRES	349	00:53:14	5:19 min/km
548	MANUEL RILHO	823	00:53:16	5:19 min/km
549	DANIEL SILVA	589	00:53:20	5:19 min/km

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550	MIGUEL FERREIRA	618	00:53:21	5:20 min/km
551	MADALENA HELENO	922	00:53:23	5:20 min/km
552	JAIME ANTUNES	297	00:53:28	5:20 min/km
553	PAULO RAMOS	69	00:53:31	5:21 min/km
554	ALEXANDRE ALMEIDA	124	00:53:33	5:21 min/km
555	JORGE SANTOS	904	00:53:33	5:21 min/km
556	ISABEL HENRIQUES	729	00:53:35	5:21 min/km
557	NUNO TEIXEIRA	740	00:53:36	5:21 min/km
558	MARIO VALADA	799	00:53:39	5:21 min/km
559	BRUNO ALVES	111	00:53:40	5:22 min/km
560	SOFIA GUIMARÃES	319	00:53:40	5:22 min/km
561	ROSANA SOFIA	127	00:53:42	5:22 min/km
562	SUSANA COSTA	816	00:53:43	5:22 min/km
563	CRISTINA ALEIXO	730	00:53:46	5:22 min/km
564	CARLOS DIAS	208	00:53:47	5:22 min/km
565	LUIS BAROSA	656	00:53:49	5:22 min/km
566	DAIANE BORBA	720	00:53:49	5:22 min/km
567	MICAELA DIONÍSIO	215	00:53:53	5:23 min/km
568	MARLENE ANTUNES	331	00:53:53	5:23 min/km
569	JOANA SILVA	638	00:53:55	5:23 min/km
570	VICENTE SOUSA	883	00:53:56	5:23 min/km
571	VANIA BAPTISTA	361	00:54:04	5:24 min/km
572	CARLA MORGADO	934	00:54:05	5:24 min/km
573	DAVID MORGADO	935	00:54:05	5:24 min/km
574	HELDER ROCHA	621	00:54:13	5:25 min/km
575	HÉLDER CAMPOS	888	00:54:16	5:25 min/km
576	FERNANDO MAIA	136	00:54:17	5:25 min/km
577	TERESA MAIA	137	00:54:17	5:25 min/km
578	NUNO GONÇALVES	368	00:54:20	5:26 min/km
579	ANA RITA ARTUR	393	00:54:22	5:26 min/km
580	PHILIP MANTEIGAS	612	00:54:22	5:26 min/km
581	FILIPE RATO	389	00:54:23	5:26 min/km
582	ÁLVARO PIRES	324	00:54:28	5:26 min/km
583	TANIA MARQUES	163	00:54:34	5:27 min/km
584	ALBERTO VITÓRIA	709	00:54:37	5:27 min/km
585	JOSÉ CARVALHO	844	00:54:41	5:28 min/km
586	JOSÉ FIGUEIREDO	535	00:54:53	5:29 min/km
587	LUIS TEIXEIRA	662	00:54:53	5:29 min/km
588	TIAGO SILVA	19	00:54:58	5:29 min/km
589	CARLOS BATISTA	282	00:55:01	5:30 min/km
590	HELENA LOPES	392	00:55:02	5:30 min/km
591	JOANA SILVA	172	00:55:03	5:30 min/km
592	VERA NOGUEIRA	342	00:55:05	5:30 min/km
593	MARCO SANTOS	908	00:55:07	5:30 min/km
594	ANTONIO SOUTO	917	00:55:11	5:31 min/km
595	ANTÓNIO SEABRA	128	00:55:12	5:31 min/km
596	NUNO CRUZ	761	00:55:12	5:31 min/km
597	HENRIQUE PEREIRA	918	00:55:12	5:31 min/km
598	RUI PEREIRA	818	00:55:17	5:31 min/km
599	FRANCISCA REDONDO	204	00:55:18	5:31 min/km
600	LUIS FILIPE GOMES	829	00:55:19	5:31 min/km
601	JOAO H SOUSA JOAO SOUSA	320	00:55:22	5:32 min/km
602	TANIA RIBEIRO	626	00:55:22	5:32 min/km
603	NUNO FONTOURA	402	00:55:24	5:32 min/km
604	CRISTINA LOUREIRO	416	00:55:25	5:32 min/km

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605	ALISON VIAES	948	00:55:25	5:32 min/km
606	BRUNO PEREIRA	680	00:55:26	5:32 min/km
607	PEDRO VIEIRA	317	00:55:29	5:32 min/km
608	RUI LOPES	318	00:55:34	5:33 min/km
609	JOÃO COSTA	599	00:55:35	5:33 min/km
610	MÁRIO COSTA	600	00:55:35	5:33 min/km
611	ANDRE SANTOS	568	00:55:38	5:33 min/km
612	RICARDO NAVIO	569	00:55:39	5:33 min/km
613	JOSE ALMEIDA	841	00:55:39	5:33 min/km
614	JOANA CAÇANA	461	00:55:42	5:34 min/km
615	DIOGO PAIXÃO	116	00:55:45	5:34 min/km
616	ANA MONTEZ	499	00:55:46	5:34 min/km
617	JOÃO SANTOS	759	00:55:47	5:34 min/km
618	ISABEL ALVES	265	00:55:50	5:35 min/km
619	TIAGO TRINDADE	834	00:55:50	5:35 min/km
620	EVA MENDES	445	00:55:51	5:35 min/km
621	SILVIA GOMES	203	00:55:52	5:35 min/km
622	RUI MADUREIRA	892	00:55:57	5:35 min/km
623	ANA LUZIA	642	00:56:06	5:36 min/km
624	ELIANA ALMEIDA	158	00:56:11	5:37 min/km
625	CARLA CARDOSO	949	00:56:11	5:37 min/km
626	PAULO ALMEIDA	399	00:56:11	5:37 min/km
627	PEDRO MARTINS	20	00:56:16	5:37 min/km
628	PAULO COSTA	453	00:56:16	5:37 min/km
629	MARCIA REIS	639	00:56:16	5:37 min/km
630	KARINE SILVA	588	00:56:25	5:38 min/km
631	NUNO QUINTANEIRO	390	00:56:29	5:38 min/km
632	ADÉRITO ALVES	696	00:56:32	5:39 min/km
633	FERNANDO FONSECA	715	00:56:38	5:39 min/km
634	PEDRO VIEIRA	152	00:56:39	5:39 min/km
635	ELISABETE MATOS	277	00:56:40	5:40 min/km
636	VÂNIA COSTA	489	00:56:41	5:40 min/km
637	MARTA LOUREIRO	37	00:56:44	5:40 min/km
638	JOANA SOARES	299	00:56:47	5:40 min/km
639	PEDRO JOÃO SILVA	300	00:56:47	5:40 min/km
640	FILIPA OLIVEIRA	308	00:56:48	5:40 min/km
641	JOSÉ GONÇALVES	469	00:56:48	5:40 min/km
642	HELENA MAIA	148	00:56:49	5:40 min/km
643	DIOGO MARTINS	309	00:56:49	5:40 min/km
644	MÁRIO CRUZ	133	00:56:55	5:41 min/km
645	ANA SOARES	745	00:56:57	5:41 min/km
646	ANA SILVA	126	00:56:58	5:41 min/km
647	FILIPA RIBEIRO	448	00:57:05	5:42 min/km
648	LILIANA SOUSA	363	00:57:10	5:43 min/km
649	PERY MACHADO	500	00:57:10	5:43 min/km
650	LUIS PEDRO NEVES	130	00:57:19	5:43 min/km
651	FERNANDO QUEIRÓS	197	00:57:20	5:44 min/km
652	JOÃO CAETANO	415	00:57:31	5:45 min/km
653	JONATHAN DOMINGUES	429	00:57:31	5:45 min/km
654	ELSA MARTA SILVA	47	00:57:34	5:45 min/km
655	SARA REBELO	678	00:57:36	5:45 min/km
656	FERNANDO CUNHA	68	00:57:37	5:45 min/km
657	VERA LIMA	486	00:57:48	5:46 min/km
658	MARÍLIA SOUSA	376	00:57:49	5:46 min/km
659	NELSON RÉ	337	00:57:50	5:47 min/km

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660	FATIMA COSTA	702	00:57:50	5:47 min/km
661	EDMUNDO MARQUES	632	00:57:53	5:47 min/km
662	VANESSA FERNANDES	484	00:57:55	5:47 min/km
663	ANA PAULA VIZINHO	494	00:57:55	5:47 min/km
664	JOAO OLIVEIRA	938	00:57:58	5:47 min/km
665	JOSÉ LUIS VIANA	784	00:57:59	5:47 min/km
666	CÁTIA ALVES	184	00:58:01	5:48 min/km
667	ANTÓNIO ALMEIDA	395	00:58:01	5:48 min/km
668	ALEXANDRE OLIVEIRA	472	00:58:01	5:48 min/km
669	SÓNIA LOURENÇO	307	00:58:03	5:48 min/km
670	HUMBERTO PRIMO	273	00:58:11	5:49 min/km
671	JOÃO DIOGO	613	00:58:19	5:49 min/km
672	MARIANA VIZINHO	526	00:58:31	5:51 min/km
673	VERA SILVA	125	00:58:34	5:51 min/km
674	TIAGO CARREIRA	347	00:58:40	5:52 min/km
675	CLARINDA GARCIA	467	00:58:40	5:52 min/km
676	MARIA FERREIRA	468	00:58:40	5:52 min/km
677	KARL SMYTH	29	00:58:41	5:52 min/km
678	CARLA GANDARINHO	112	00:58:41	5:52 min/km
679	MARIA JOÃO FREITAS	422	00:58:43	5:52 min/km
680	LILIANA SIMÕES	684	00:58:45	5:52 min/km
681	ANABELA FERREIRO	433	00:58:48	5:52 min/km
682	AMILCAR RAINHO	850	00:58:51	5:53 min/km
683	SALOMÉ GORDINHO	459	00:58:52	5:53 min/km
684	MARINA ARSENIO	439	00:58:56	5:53 min/km
685	ANA SOFIA AZENHA	806	00:58:56	5:53 min/km
686	VÍTOR LUCAS	114	00:59:05	5:54 min/km
687	VICTOR PAIVA	609	00:59:11	5:55 min/km
688	ELSA MARIA MARTINS MOTA	251	00:59:16	5:55 min/km
689	JOÃO SOARES	301	00:59:19	5:55 min/km
690	SOFIA MOTA	245	00:59:20	5:55 min/km
691	NUNO OLIVEIRA	285	00:59:21	5:56 min/km
692	TELMA MATIAS	316	00:59:22	5:56 min/km
693	PAULA LOPES	49	00:59:26	5:56 min/km
694	MARTA PEREIRA	446	00:59:26	5:56 min/km
695	SANDRA SANTOS	519	00:59:26	5:56 min/km
696	FILOMENA SANTOS	191	00:59:28	5:56 min/km
697	ANTONIO ALMEIDA	832	00:59:29	5:56 min/km
698	CARLA COTAS	310	00:59:32	5:57 min/km
699	NUNO MAIO	581	00:59:32	5:57 min/km
700	NAIR LIMA	144	00:59:33	5:57 min/km
701	FILIPA NEVES	593	00:59:36	5:57 min/km
702	ANDREIA NEVES	664	00:59:36	5:57 min/km
703	PRISCILA PEREIRA	294	00:59:44	5:58 min/km
704	JOSÉ CARLOS SANTOS	194	00:59:59	5:59 min/km
705	ANDRÉ SANTOS	802	01:00:02	6:00 min/km
706	JOANA MARQUES	803	01:00:02	6:00 min/km
707	BERTA NUNES	813	01:00:03	6:00 min/km
708	JOANA CUNHA	909	01:00:03	6:00 min/km
709	VANESSA OLIVEIRA	424	01:00:04	6:00 min/km
710	CARLA VERDADEIRO	877	01:00:04	6:00 min/km
711	PAULO FERREIRA	919	01:00:12	6:01 min/km
712	ANGELA BRAMAO	920	01:00:12	6:01 min/km
713	OLIVIA LUCAS	115	01:00:14	6:01 min/km
714	SANDRA CORREIA	800	01:00:14	6:01 min/km

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715	MARIA SANTOS	563	01:00:17	6:01 min/km
716	JOEL JESUS	564	01:00:17	6:01 min/km
717	ISABEL SANTOS	120	01:00:18	6:01 min/km
718	MARLENE FERREIRA PINTO	738	01:00:23	6:02 min/km
719	ANDRE OLIVEIRA	345	01:00:29	6:02 min/km
720	JOSE SA	651	01:00:30	6:03 min/km
721	VITOR SILVA	220	01:00:32	6:03 min/km
722	LUÍS MOUTINHO	74	01:00:35	6:03 min/km
723	LUÍS CABETE	348	01:00:46	6:04 min/km
724	INÊS SANTOS	79	01:00:57	6:05 min/km
725	GONÇALO RODRIGUES	502	01:00:57	6:05 min/km
726	MARIA BENQUERENÇA	692	01:00:57	6:05 min/km
727	HELENA AZEVEDO	744	01:00:57	6:05 min/km
728	MARILYN LOURENÇO	401	01:00:58	6:05 min/km
729	ANA ARAÚJO	837	01:00:58	6:05 min/km
730	RUI CARVALHAL	82	01:00:59	6:05 min/km
731	JOSE RIBAS	628	01:01:04	6:06 min/km
732	PAULA VERTOLATO	480	01:01:13	6:07 min/km
733	JORGE OLIVEIRA	765	01:01:17	6:07 min/km
734	CARINA HENRIQUES	164	01:01:18	6:07 min/km
735	CARLA CARMO	481	01:01:21	6:08 min/km
736	PEDRO RODRIGUES	232	01:01:24	6:08 min/km
737	MÁRIO FERNANDES	903	01:01:24	6:08 min/km
738	ANTÓNIO GOMES	485	01:01:27	6:08 min/km
739	JOÃO FERREIRA	752	01:01:29	6:08 min/km
740	WILSON CASTRO	441	01:01:30	6:09 min/km
741	JULIANA OLIVEIRA	719	01:01:30	6:09 min/km
742	FAUSTO MOREIRA	558	01:01:39	6:09 min/km
743	RITA ISABEL	559	01:01:39	6:09 min/km
744	CRISTINA FERREIRA	854	01:01:39	6:09 min/km
745	JOAO MIGUEL	855	01:01:39	6:09 min/km
746	BRUNO SANTOS	80	01:01:40	6:10 min/km
747	ANA LAURA BIZARRO	196	01:01:50	6:10 min/km
748	FÁTIMA CARVALHO	882	01:01:51	6:11 min/km
749	IRACEMA SILVA	145	01:01:54	6:11 min/km
750	LESLEY HUGHES	238	01:02:03	6:12 min/km
751	JOANA DIAS	305	01:02:07	6:12 min/km
752	EVELINA MARTINHO	146	01:02:15	6:13 min/km
753	SUSANA PEREIRA	447	01:02:41	6:16 min/km
754	MARIAJOÃO CARDOSO	100	01:02:42	6:16 min/km
755	BRUNO ALMEIDA	871	01:02:44	6:16 min/km
756	HUGO SEQUEIRA	869	01:02:51	6:17 min/km
757	SÉRGIO VIEIRA	905	01:02:51	6:17 min/km
758	RICARDO BARBOSA	910	01:02:52	6:17 min/km
759	RUBEN DIAS	663	01:02:54	6:17 min/km
760	ALEXANDRE FERREIRA	511	01:02:55	6:17 min/km
761	ÂNGELA ARAÚJO	516	01:02:59	6:17 min/km
762	SOERT SCHOUWENAAR	741	01:03:00	6:17 min/km
763	PEDRO ALMEIDA	828	01:03:03	6:18 min/km
764	SARA CANCELA	364	01:03:07	6:18 min/km
765	SERGIO FERNADES	365	01:03:07	6:18 min/km
766	ANGELA CUNHA	259	01:03:10	6:19 min/km
767	LUCIANA FILIPE	560	01:03:24	6:20 min/km
768	ARSÉNIO MARTINS	703	01:03:29	6:20 min/km
769	JOANA MACEDO	352	01:03:30	6:21 min/km

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770	CATARINA ROCHA	670	01:03:30	6:21 min/km
771	ANA HENRIQUES	249	01:03:44	6:22 min/km
772	MARIA TAVARES	103	01:04:00	6:24 min/km
773	FILIPA RODRIGUES	340	01:04:05	6:24 min/km
774	FÁBIO ALMEIDA	341	01:04:05	6:24 min/km
775	NUNO DIAS	93	01:04:09	6:24 min/km
776	INÊS CORREIA	876	01:04:13	6:25 min/km
777	ADA SANTOS	848	01:04:29	6:26 min/km
778	ANA GONÇALVES	384	01:04:30	6:27 min/km
779	SARA MARTINS	610	01:04:35	6:27 min/km
780	LUÍS COELHO	244	01:04:42	6:28 min/km
781	SÉRGIO CHACIM	420	01:04:46	6:28 min/km
782	ANDREIA VIEIRA	101	01:04:53	6:29 min/km
783	MADALENA FERREIRA	129	01:04:55	6:29 min/km
784	ANA MOTA	226	01:04:55	6:29 min/km
785	HELDER FERREIRA	225	01:04:56	6:29 min/km
786	ERIKA CORREIA	637	01:04:58	6:29 min/km
787	JORGE MOTA	640	01:05:01	6:30 min/km
788	ANA CARLA AMARO	185	01:05:04	6:30 min/km
789	ANGELICA ANGELICA	452	01:05:06	6:30 min/km
790	AUGUSTO CORREIA	645	01:05:09	6:30 min/km
791	BRUNO COSTA	561	01:05:28	6:32 min/km
792	EULALIA VALEA	941	01:05:31	6:33 min/km
793	FILIPE PIRES	66	01:05:38	6:33 min/km
794	RICARDO SILVA	718	01:06:13	6:37 min/km
795	JOANA MOTA	444	01:06:14	6:37 min/km
796	VANESSA MARTINHO	483	01:06:17	6:37 min/km
797	CRISTIANA PINTO	625	01:06:17	6:37 min/km
798	GERHARD DOPPLER	252	01:06:20	6:38 min/km
799	BRUNO SILVA	577	01:06:40	6:40 min/km
800	DURBALINO FIGUEIREDO	283	01:06:43	6:40 min/km
801	CRISTINA GOMES	668	01:06:58	6:41 min/km
802	PAULA JULIETA	201	01:07:43	6:46 min/km
803	ANA QUIRINO	455	01:08:01	6:48 min/km
804	FATIMA PINHO	865	01:08:02	6:48 min/km
805	SILVIA NUNES	407	01:08:16	6:49 min/km
806	PAULA COSTA	661	01:08:19	6:49 min/km
807	CARINA ALVES	260	01:08:20	6:50 min/km
808	JOAQUIM MATOS	937	01:08:23	6:50 min/km
809	NUNO MARQUES	227	01:09:13	6:55 min/km
810	RITA RODRIGUES	228	01:09:13	6:55 min/km
811	SOFIA TEDIM	182	01:09:37	6:57 min/km
812	EVA SEABRA	699	01:09:38	6:57 min/km
813	MARIA SANTOS	87	01:09:54	6:59 min/km
814	JOAO ORVALHO	359	01:10:11	7:01 min/km
815	HENRIQUE AFONSO	777	01:10:11	7:01 min/km
816	DIEGO VALENTE	460	01:10:12	7:01 min/km
817	MONICA BATISTA	290	01:10:48	7:04 min/km
818	CLÁUDIA AFONSO	477	01:11:10	7:07 min/km
819	FERNANDO REIS	747	01:11:38	7:09 min/km
820	ANDREIA REIS	748	01:11:38	7:09 min/km
821	JOÃO CUNHA	518	01:11:39	7:09 min/km
822	NUNO RIBEIRO	870	01:11:39	7:09 min/km
823	INÊS AMORIM	495	01:11:49	7:10 min/km
824	MARIO MACHADO	644	01:12:58	7:17 min/km

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825	SÓNIA SALGADO	527	01:13:21	7:20 min/km
826	KATIA FERREIRA	512	01:13:41	7:22 min/km
827	DEOLINDA CALDEIRA	408	01:18:53	7:53 min/km

Folha1

ESCALÃO	POS ESCALÃO	SEXO	POS GÉNERO	APÓS VENCEDOR
SEN	1	M	1	+00:00:00
SEN	2	M	2	+00:00:27
VET M45	1	M	3	+00:02:23
VET M40	1	M	4	+00:02:30
VET M40	2	M	5	+00:02:47
SEN	3	M	6	+00:02:57
VET M40	3	M	7	+00:03:00
SEN	4	M	8	+00:03:12
SEN	5	M	9	+00:03:22
SEN	6	M	10	+00:03:27
SEN	7	M	11	+00:03:44
VET M45	2	M	12	+00:03:53
SEN	8	M	13	+00:04:05
SEN	9	M	14	+00:04:18
SEN	10	M	15	+00:04:54
SEN	11	M	16	+00:04:55
SEN	12	M	17	+00:04:57
SEN	13	M	18	+00:05:04
VET M40	4	M	19	+00:05:05
SEN	14	M	20	+00:05:09
SEN	15	M	21	+00:05:11
VET M40	5	M	22	+00:05:14
SEN	16	M	23	+00:05:20
SEN	17	M	24	+00:05:25
SEN	18	M	25	+00:05:27
SEN	19	M	26	+00:05:29
SEN	1	F	1	+00:05:33
SEN	20	M	27	+00:05:33
VET M50	1	M	28	+00:05:44
VET M45	3	M	29	+00:05:57
VET M40	6	M	30	+00:06:02
SEN	21	M	31	+00:06:10
VET M40	7	M	32	+00:06:15
SEN	22	M	33	+00:06:17
SEN	23	M	34	+00:06:17
SEN	24	M	35	+00:06:24
VET M40	8	M	36	+00:06:38
SEN	25	M	37	+00:06:40
SEN	26	M	38	+00:06:42
VET M45	4	M	39	+00:06:43
SEN	27	M	40	+00:06:44
SEN	28	M	41	+00:06:50
SEN	29	M	42	+00:06:56
SEN	30	M	43	+00:06:58
VET M45	5	M	44	+00:06:58
SEN	2	F	2	+00:06:59
VET M60	1	M	45	+00:07:03
VET M40	9	M	46	+00:07:11
VET M40	10	M	47	+00:07:13
VET M55	1	M	48	+00:07:16
SEN	31	M	49	+00:07:17
SEN	32	M	50	+00:07:18
SEN	33	M	51	+00:07:19
VET M45	6	M	52	+00:07:21

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SEN	34	M	53	+00:07:21
SEN	35	M	54	+00:07:24
VET M60	2	M	55	+00:07:28
SEN	36	M	56	+00:07:34
VET M40	11	M	57	+00:07:35
SEN	37	M	58	+00:07:42
SEN	38	M	59	+00:07:46
SEN	39	M	60	+00:07:48
SEN	40	M	61	+00:07:49
VET M40	12	M	62	+00:07:52
SEN	41	M	63	+00:07:55
SEN	42	M	64	+00:07:56
SEN	43	M	65	+00:07:57
SEN	44	M	66	+00:07:59
SEN	45	M	67	+00:07:59
SEN	46	M	68	+00:08:00
SEN	47	M	69	+00:08:04
SEN	48	M	70	+00:08:04
VET M45	7	M	71	+00:08:12
SEN	49	M	72	+00:08:13
SEN	50	M	73	+00:08:15
SEN	51	M	74	+00:08:18
SEN	52	M	75	+00:08:21
VET M40	13	M	76	+00:08:28
SEN	53	M	77	+00:08:29
VET M45	8	M	78	+00:08:31
SEN	54	M	79	+00:08:36
SEN	55	M	80	+00:08:36
SEN	56	M	81	+00:08:38
VET M40	14	M	82	+00:08:43
VET M40	15	M	83	+00:08:44
SEN	57	M	84	+00:08:46
VET M40	16	M	85	+00:08:48
SEN	58	M	86	+00:08:48
SEN	59	M	87	+00:08:48
VET M45	9	M	88	+00:08:48
SEN	60	M	89	+00:08:53
SEN	61	M	90	+00:08:54
SEN	62	M	91	+00:08:57
VET M55	2	M	92	+00:08:57
VET M40	17	M	93	+00:09:00
SEN	63	M	94	+00:09:01
SEN	64	M	95	+00:09:03
SEN	65	M	96	+00:09:07
SEN	66	M	97	+00:09:11
VET M45	10	M	98	+00:09:14
VET M40	18	M	99	+00:09:17
SEN	67	M	100	+00:09:23
VET M45	11	M	101	+00:09:24
SEN	68	M	102	+00:09:25
SEN	69	M	103	+00:09:28
SEN	70	M	104	+00:09:32
VET M45	12	M	105	+00:09:33
VET M40	19	M	106	+00:09:36
SEN	71	M	107	+00:09:36

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SEN	72	M	108	+00:09:37
SEN	73	M	109	+00:09:37
SEN	74	M	110	+00:09:38
VET M45	13	M	111	+00:09:42
SEN	75	M	112	+00:09:42
SEN	76	M	113	+00:09:44
SEN	77	M	114	+00:09:48
VET M45	14	M	115	+00:09:49
SEN	78	M	116	+00:09:53
SEN	79	M	117	+00:09:58
SEN	3	F	3	+00:10:00
VET M45	15	M	118	+00:10:01
SEN	80	M	119	+00:10:02
SEN	81	M	120	+00:10:05
VET M45	16	M	121	+00:10:07
SEN	82	M	122	+00:10:08
VET M40	20	M	123	+00:10:08
SEN	83	M	124	+00:10:09
VET M40	21	M	125	+00:10:09
SEN	84	M	126	+00:10:10
VET M50	2	M	127	+00:10:10
SEN	85	M	128	+00:10:11
SEN	86	M	129	+00:10:12
VET M40	22	M	130	+00:10:16
SEN	87	M	131	+00:10:17
SEN	88	M	132	+00:10:18
SEN	89	M	133	+00:10:21
SEN	90	M	134	+00:10:21
SEN	91	M	135	+00:10:22
VET M55	3	M	136	+00:10:22
SEN	92	M	137	+00:10:23
VET M55	4	M	138	+00:10:23
SEN	93	M	139	+00:10:27
VET M50	3	M	140	+00:10:28
VET M45	17	M	141	+00:10:33
SEN	94	M	142	+00:10:38
VET M45	18	M	143	+00:10:40
SEN	95	M	144	+00:10:41
VET M50	4	M	145	+00:10:42
SEN	96	M	146	+00:10:47
SEN	97	M	147	+00:10:47
SEN	98	M	148	+00:10:47
SEN	99	M	149	+00:10:48
SEN	100	M	150	+00:10:49
VET M45	19	M	151	+00:10:49
SEN	101	M	152	+00:10:53
SEN	4	F	4	+00:11:04
SEN	102	M	153	+00:11:10
VET M40	23	M	154	+00:11:11
SEN	103	M	155	+00:11:12
SEN	104	M	156	+00:11:12
VET M40	24	M	157	+00:11:14
SEN	105	M	158	+00:11:17
SEN	106	M	159	+00:11:18
SEN	107	M	160	+00:11:22

Folha1

VET M40	25	M	161	+00:11:25
SEN	108	M	162	+00:11:25
SEN	5	F	5	+00:11:25
SEN	109	M	163	+00:11:27
SEN	110	M	164	+00:11:29
SEN	111	M	165	+00:11:29
VET M60	3	M	166	+00:11:31
VET M45	20	M	167	+00:11:32
SEN	112	M	168	+00:11:35
SEN	113	M	169	+00:11:36
VET M55	5	M	170	+00:11:40
SEN	114	M	171	+00:11:40
SEN	115	M	172	+00:11:42
SEN	116	M	173	+00:11:45
SEN	6	F	6	+00:11:46
SEN	117	M	174	+00:11:47
SEN	118	M	175	+00:11:48
SEN	119	M	176	+00:11:55
SEN	120	M	177	+00:11:56
VET M45	21	M	178	+00:11:58
VET M45	22	M	179	+00:11:59
SEN	121	M	180	+00:12:00
SEN	122	M	181	+00:12:06
VET M40	26	M	182	+00:12:08
SEN	123	M	183	+00:12:08
SEN	124	M	184	+00:12:09
SEN	125	M	185	+00:12:11
SEN	126	M	186	+00:12:11
SEN	127	M	187	+00:12:13
SEN	128	M	188	+00:12:14
SEN	129	M	189	+00:12:15
SEN	130	M	190	+00:12:16
VET M50	5	M	191	+00:12:17
SEN	131	M	192	+00:12:19
VET M50	6	M	193	+00:12:21
SEN	132	M	194	+00:12:23
SEN	133	M	195	+00:12:24
SEN	134	M	196	+00:12:24
SEN	7	F	7	+00:12:25
SEN	135	M	197	+00:12:27
SEN	136	M	198	+00:12:28
SEN	137	M	199	+00:12:28
VET M50	7	M	200	+00:12:32
VET M40	27	M	201	+00:12:33
SEN	138	M	202	+00:12:34
SEN	139	M	203	+00:12:35
VET M60	4	M	204	+00:12:35
SEN	140	M	205	+00:12:36
VET M50	8	M	206	+00:12:37
VET M40	28	M	207	+00:12:38
VET M50	9	M	208	+00:12:38
SEN	141	M	209	+00:12:40
SEN	142	M	210	+00:12:41
SEN	143	M	211	+00:12:41
SEN	8	F	8	+00:12:45

Folha1

SEN	144	M	212	+00:12:48
SEN	145	M	213	+00:12:49
SEN	146	M	214	+00:12:51
VET M55	6	M	215	+00:12:52
VET M50	10	M	216	+00:12:52
SEN	147	M	217	+00:12:54
VET M40	29	M	218	+00:12:55
SEN	148	M	219	+00:12:55
VET M45	23	M	220	+00:12:56
SEN	149	M	221	+00:12:56
SEN	9	F	9	+00:12:57
VET F40	1	F	10	+00:12:58
SEN	150	M	222	+00:12:59
SEN	151	M	223	+00:12:59
SEN	152	M	224	+00:13:00
SEN	153	M	225	+00:13:03
SEN	10	F	11	+00:13:05
SEN	154	M	226	+00:13:06
VET M40	30	M	227	+00:13:08
VET F40	2	F	12	+00:13:08
SEN	155	M	228	+00:13:10
SEN	156	M	229	+00:13:10
SEN	11	F	13	+00:13:11
SEN	157	M	230	+00:13:12
SEN	158	M	231	+00:13:13
VET M40	31	M	232	+00:13:14
VET M60	5	M	233	+00:13:15
SEN	159	M	234	+00:13:16
SEN	160	M	235	+00:13:19
SEN	161	M	236	+00:13:20
SEN	12	F	14	+00:13:21
VET M45	24	M	237	+00:13:23
VET M60	6	M	238	+00:13:24
SEN	162	M	239	+00:13:26
SEN	163	M	240	+00:13:28
SEN	164	M	241	+00:13:34
SEN	165	M	242	+00:13:37
SEN	166	M	243	+00:13:37
VET M55	7	M	244	+00:13:40
VET M50	11	M	245	+00:13:43
VET M45	25	M	246	+00:13:47
SEN	167	M	247	+00:13:48
SEN	168	M	248	+00:13:49
SEN	169	M	249	+00:13:52
SEN	13	F	15	+00:13:53
SEN	170	M	250	+00:13:54
VET M45	26	M	251	+00:13:54
SEN	171	M	252	+00:13:55
SEN	172	M	253	+00:13:56
VET M40	32	M	254	+00:13:57
VET M40	33	M	255	+00:13:57
SEN	173	M	256	+00:14:00
VET M40	34	M	257	+00:14:00
SEN	174	M	258	+00:14:05
VET M40	35	M	259	+00:14:09

Folha1

SEN	175	M	260	+00:14:11
SEN	176	M	261	+00:14:13
VET M45	27	M	262	+00:14:15
SEN	177	M	263	+00:14:16
VET M50	12	M	264	+00:14:16
VET M45	28	M	265	+00:14:18
VET M55	8	M	266	+00:14:18
VET M40	36	M	267	+00:14:19
VET M40	37	M	268	+00:14:19
SEN	178	M	269	+00:14:20
SEN	179	M	270	+00:14:21
VET F50	1	F	16	+00:14:21
VET M40	38	M	271	+00:14:21
SEN	180	M	272	+00:14:24
VET M55	9	M	273	+00:14:24
SEN	181	M	274	+00:14:26
SEN	182	M	275	+00:14:27
VET M40	39	M	276	+00:14:29
SEN	183	M	277	+00:14:29
SEN	184	M	278	+00:14:30
VET M45	29	M	279	+00:14:32
VET M45	30	M	280	+00:14:33
SEN	14	F	17	+00:14:34
SEN	185	M	281	+00:14:34
VET M45	31	M	282	+00:14:35
VET M40	40	M	283	+00:14:40
SEN	15	F	18	+00:14:40
SEN	16	F	19	+00:14:44
VET M45	32	M	284	+00:14:44
VET M50	13	M	285	+00:14:47
SEN	186	M	286	+00:14:49
SEN	187	M	287	+00:14:49
SEN	188	M	288	+00:14:50
SEN	189	M	289	+00:14:53
VET M50	14	M	290	+00:14:55
VET M40	41	M	291	+00:14:55
SEN	190	M	292	+00:14:55
SEN	191	M	293	+00:14:55
SEN	192	M	294	+00:14:56
SEN	193	M	295	+00:14:57
SEN	194	M	296	+00:14:59
SEN	195	M	297	+00:15:05
VET M60	7	M	298	+00:15:07
VET M50	15	M	299	+00:15:08
VET M50	16	M	300	+00:15:09
VET M45	33	M	301	+00:15:09
VET M40	42	M	302	+00:15:12
VET M45	34	M	303	+00:15:12
SEN	196	M	304	+00:15:15
SEN	17	F	20	+00:15:20
SEN	197	M	305	+00:15:27
SEN	198	M	306	+00:15:30
SEN	18	F	21	+00:15:31
SEN	199	M	307	+00:15:33
SEN	200	M	308	+00:15:34

Folha1

VET M55	10	M	309	+00:15:36
VET F40	3	F	22	+00:15:37
VET M40	43	M	310	+00:15:37
VET M60	8	M	311	+00:15:39
SEN	201	M	312	+00:15:40
VET M50	17	M	313	+00:15:42
VET M40	44	M	314	+00:15:42
SEN	202	M	315	+00:15:44
VET M40	45	M	316	+00:15:45
VET M45	35	M	317	+00:15:48
VET M40	46	M	318	+00:15:50
SEN	203	M	319	+00:15:52
VET M50	18	M	320	+00:15:54
VET F50	2	F	23	+00:15:59
VET M40	47	M	321	+00:16:00
SEN	204	M	322	+00:16:03
VET M60	9	M	323	+00:16:05
SEN	205	M	324	+00:16:10
SEN	206	M	325	+00:16:10
VET M60	10	M	326	+00:16:11
SEN	19	F	24	+00:16:11
VET M60	11	M	327	+00:16:13
SEN	207	M	328	+00:16:14
SEN	208	M	329	+00:16:15
SEN	209	M	330	+00:16:17
SEN	210	M	331	+00:16:18
SEN	211	M	332	+00:16:18
VET M40	48	M	333	+00:16:22
SEN	212	M	334	+00:16:24
SEN	213	M	335	+00:16:24
VET M45	36	M	336	+00:16:25
SEN	214	M	337	+00:16:27
VET M45	37	M	338	+00:16:28
SEN	215	M	339	+00:16:31
VET M40	49	M	340	+00:16:31
SEN	216	M	341	+00:16:36
VET M40	50	M	342	+00:16:37
SEN	217	M	343	+00:16:39
VET M40	51	M	344	+00:16:43
SEN	218	M	345	+00:16:47
SEN	219	M	346	+00:16:48
VET M55	11	M	347	+00:16:50
SEN	220	M	348	+00:16:51
VET M50	19	M	349	+00:16:52
SEN	20	F	25	+00:16:55
SEN	21	F	26	+00:16:55
SEN	221	M	350	+00:16:57
VET M50	20	M	351	+00:16:57
SEN	222	M	352	+00:17:01
SEN	223	M	353	+00:17:03
VET M45	38	M	354	+00:17:03
VET M45	39	M	355	+00:17:04
VET M45	40	M	356	+00:17:04
VET M40	52	M	357	+00:17:06
SEN	22	F	27	+00:17:06

Folha1

SEN	224	M	358	+00:17:14
VET M45	41	M	359	+00:17:16
VET M40	53	M	360	+00:17:16
SEN	225	M	361	+00:17:19
SEN	226	M	362	+00:17:21
VET M40	54	M	363	+00:17:22
SEN	227	M	364	+00:17:23
SEN	228	M	365	+00:17:29
VET M40	55	M	366	+00:17:31
SEN	229	M	367	+00:17:32
SEN	230	M	368	+00:17:34
SEN	231	M	369	+00:17:34
VET M50	21	M	370	+00:17:36
VET M40	56	M	371	+00:17:36
SEN	232	M	372	+00:17:36
VET M40	57	M	373	+00:17:37
SEN	233	M	374	+00:17:38
VET M45	42	M	375	+00:17:43
VET M60	12	M	376	+00:17:43
SEN	234	M	377	+00:17:44
VET M45	43	M	378	+00:17:45
VET M45	44	M	379	+00:17:48
VET M40	58	M	380	+00:17:55
VET M40	59	M	381	+00:17:57
SEN	235	M	382	+00:18:00
SEN	236	M	383	+00:18:00
SEN	237	M	384	+00:18:01
VET M45	45	M	385	+00:18:01
VET M40	60	M	386	+00:18:02
SEN	238	M	387	+00:18:03
SEN	239	M	388	+00:18:04
SEN	240	M	389	+00:18:04
SEN	241	M	390	+00:18:04
SEN	242	M	391	+00:18:08
VET M50	22	M	392	+00:18:10
SEN	243	M	393	+00:18:11
SEN	244	M	394	+00:18:12
SEN	245	M	395	+00:18:14
SEN	23	F	28	+00:18:21
SEN	24	F	29	+00:18:22
SEN	25	F	30	+00:18:23
SEN	26	F	31	+00:18:26
SEN	246	M	396	+00:18:29
SEN	27	F	32	+00:18:30
VET M45	46	M	397	+00:18:35
SEN	247	M	398	+00:18:35
VET M55	12	M	399	+00:18:37
SEN	248	M	400	+00:18:38
SEN	249	M	401	+00:18:40
SEN	250	M	402	+00:18:40
SEN	251	M	403	+00:18:43
SEN	252	M	404	+00:18:43
SEN	253	M	405	+00:18:44
VET M45	47	M	406	+00:18:44
SEN	254	M	407	+00:18:45

Folha1

SEN	255	M	408	+00:18:45
VET M40	61	M	409	+00:18:47
VET F40	4	F	33	+00:18:47
VET F40	5	F	34	+00:18:47
SEN	256	M	410	+00:18:48
VET M60	13	M	411	+00:18:49
SEN	257	M	412	+00:18:51
VET M55	13	M	413	+00:18:53
VET M40	62	M	414	+00:18:54
SEN	28	F	35	+00:18:58
SEN	29	F	36	+00:19:00
VET M45	48	M	415	+00:19:03
VET F40	6	F	37	+00:19:03
VET M50	23	M	416	+00:19:03
SEN	258	M	417	+00:19:10
SEN	259	M	418	+00:19:11
VET M40	63	M	419	+00:19:13
VET M40	64	M	420	+00:19:14
SEN	260	M	421	+00:19:16
SEN	261	M	422	+00:19:18
VET M45	49	M	423	+00:19:20
SEN	30	F	38	+00:19:20
VET F40	7	F	39	+00:19:20
VET F40	8	F	40	+00:19:21
VET M50	24	M	424	+00:19:21
VET M60	14	M	425	+00:19:22
VET F40	9	F	41	+00:19:23
VET M40	65	M	426	+00:19:24
VET M60	15	M	427	+00:19:24
VET M45	50	M	428	+00:19:24
SEN	262	M	429	+00:19:24
SEN	263	M	430	+00:19:28
VET M60	16	M	431	+00:19:32
SEN	31	F	42	+00:19:39
VET M60	17	M	432	+00:19:39
SEN	264	M	433	+00:19:39
SEN	265	M	434	+00:19:40
SEN	32	F	43	+00:19:41
SEN	266	M	435	+00:19:41
VET M55	14	M	436	+00:19:41
VET M45	51	M	437	+00:19:42
SEN	267	M	438	+00:19:43
SEN	268	M	439	+00:19:43
SEN	33	F	44	+00:19:44
VET M50	25	M	440	+00:19:44
SEN	269	M	441	+00:19:45
VET M45	52	M	442	+00:19:46
VET M40	66	M	443	+00:19:49
VET M45	53	M	444	+00:19:54
SEN	270	M	445	+00:19:55
VET M50	26	M	446	+00:19:57
SEN	271	M	447	+00:19:58
SEN	272	M	448	+00:19:58
SEN	273	M	449	+00:19:59
VET M40	67	M	450	+00:20:01

Folha1

SEN	34	F	45	+00:20:05
SEN	274	M	451	+00:20:07
SEN	275	M	452	+00:20:08
SEN	276	M	453	+00:20:09
SEN	277	M	454	+00:20:11
VET F40	10	F	46	+00:20:15
SEN	35	F	47	+00:20:16
VET M40	68	M	455	+00:20:17
SEN	36	F	48	+00:20:17
VET M50	27	M	456	+00:20:17
VET M45	54	M	457	+00:20:19
SEN	278	M	458	+00:20:21
SEN	279	M	459	+00:20:24
VET M45	55	M	460	+00:20:24
SEN	280	M	461	+00:20:25
VET F40	11	F	49	+00:20:27
VET F40	12	F	50	+00:20:27
VET M40	69	M	462	+00:20:28
VET M60	18	M	463	+00:20:30
VET M50	28	M	464	+00:20:32
SEN	281	M	465	+00:20:32
VET F40	13	F	51	+00:20:33
SEN	282	M	466	+00:20:36
VET M40	70	M	467	+00:20:37
SEN	37	F	52	+00:20:40
VET M50	29	M	468	+00:20:42
SEN	283	M	469	+00:20:45
VET M45	56	M	470	+00:20:47
SEN	38	F	53	+00:20:56
SEN	284	M	471	+00:21:00
SEN	285	M	472	+00:21:01
SEN	286	M	473	+00:21:03
SEN	287	M	474	+00:21:03
VET M40	71	M	475	+00:21:03
SEN	39	F	54	+00:21:06
VET M40	72	M	476	+00:21:08
VET M50	30	M	477	+00:21:09
VET M40	73	M	478	+00:21:09
VET M60	19	M	479	+00:21:12
SEN	40	F	55	+00:21:14
SEN	288	M	480	+00:21:14
VET M50	31	M	481	+00:21:15
SEN	289	M	482	+00:21:15
SEN	41	F	56	+00:21:18
VET M45	57	M	483	+00:21:18
VET M40	74	M	484	+00:21:18
VET F40	14	F	57	+00:21:20
VET M45	58	M	485	+00:21:22
VET M50	32	M	486	+00:21:23
VET M40	75	M	487	+00:21:23
VET F40	15	F	58	+00:21:24
SEN	42	F	59	+00:21:24
SEN	290	M	488	+00:21:26
VET M60	20	M	489	+00:21:28
SEN	291	M	490	+00:21:32

Folha1

SEN	292	M	491	+00:21:33
SEN	43	F	60	+00:21:35
SEN	293	M	492	+00:21:40
VET M40	76	M	493	+00:21:43
VET M40	77	M	494	+00:21:45
SEN	294	M	495	+00:21:45
SEN	44	F	61	+00:21:47
SEN	295	M	496	+00:21:48
VET M45	59	M	497	+00:21:51
SEN	296	M	498	+00:21:52
SEN	45	F	62	+00:21:52
SEN	46	F	63	+00:21:54
SEN	47	F	64	+00:21:55
VET F40	16	F	65	+00:21:58
VET M50	33	M	499	+00:21:59
VET M40	78	M	500	+00:22:01
SEN	48	F	66	+00:22:01
SEN	49	F	67	+00:22:05
SEN	50	F	68	+00:22:05
SEN	51	F	69	+00:22:07
VET M55	15	M	501	+00:22:08
SEN	52	F	70	+00:22:16
VET F40	17	F	71	+00:22:17
VET M40	79	M	502	+00:22:17
SEN	297	M	503	+00:22:25
SEN	298	M	504	+00:22:28
VET M55	16	M	505	+00:22:29
VET F50	3	F	72	+00:22:29
SEN	299	M	506	+00:22:32
SEN	53	F	73	+00:22:34
SEN	300	M	507	+00:22:34
SEN	301	M	508	+00:22:35
VET M40	80	M	509	+00:22:40
SEN	54	F	74	+00:22:46
VET M40	81	M	510	+00:22:49
SEN	302	M	511	+00:22:53
VET M40	82	M	512	+00:23:05
SEN	303	M	513	+00:23:05
SEN	304	M	514	+00:23:10
VET M40	83	M	515	+00:23:13
SEN	55	F	75	+00:23:14
SEN	56	F	76	+00:23:15
SEN	57	F	77	+00:23:17
SEN	305	M	516	+00:23:19
VET M50	34	M	517	+00:23:23
VET M55	17	M	518	+00:23:24
SEN	306	M	519	+00:23:24
VET M50	35	M	520	+00:23:24
SEN	307	M	521	+00:23:29
SEN	58	F	78	+00:23:30
VET M40	84	M	522	+00:23:31
VET M40	85	M	523	+00:23:34
SEN	59	F	79	+00:23:34
SEN	308	M	524	+00:23:36
VET F40	18	F	80	+00:23:37

Folha1

SEN	60	F	81	+00:23:37
SEN	309	M	525	+00:23:38
SEN	310	M	526	+00:23:41
SEN	311	M	527	+00:23:46
VET M45	60	M	528	+00:23:47
VET M50	36	M	529	+00:23:47
VET M50	37	M	530	+00:23:50
SEN	312	M	531	+00:23:51
SEN	313	M	532	+00:23:51
SEN	61	F	82	+00:23:54
SEN	314	M	533	+00:23:57
SEN	62	F	83	+00:23:58
SEN	315	M	534	+00:23:59
SEN	63	F	84	+00:24:02
SEN	316	M	535	+00:24:02
SEN	64	F	85	+00:24:03
SEN	65	F	86	+00:24:04
SEN	317	M	536	+00:24:09
VET F40	19	F	87	+00:24:18
SEN	66	F	88	+00:24:23
SEN	67	F	89	+00:24:23
VET M40	86	M	537	+00:24:23
SEN	318	M	538	+00:24:28
VET M40	87	M	539	+00:24:28
SEN	68	F	90	+00:24:28
SEN	69	F	91	+00:24:37
SEN	319	M	540	+00:24:41
VET M60	21	M	541	+00:24:44
SEN	320	M	542	+00:24:50
SEN	321	M	543	+00:24:51
VET F40	20	F	92	+00:24:52
SEN	70	F	93	+00:24:53
SEN	71	F	94	+00:24:56
SEN	72	F	95	+00:24:59
SEN	322	M	544	+00:24:59
SEN	73	F	96	+00:25:00
VET M40	88	M	545	+00:25:00
VET F50	4	F	97	+00:25:01
SEN	323	M	546	+00:25:01
SEN	324	M	547	+00:25:07
SEN	74	F	98	+00:25:09
VET F40	21	F	99	+00:25:10
VET F40	22	F	100	+00:25:17
SEN	75	F	101	+00:25:22
SEN	325	M	548	+00:25:22
SEN	326	M	549	+00:25:31
SEN	327	M	550	+00:25:32
SEN	328	M	551	+00:25:43
SEN	329	M	552	+00:25:43
SEN	76	F	102	+00:25:46
SEN	77	F	103	+00:25:48
VET M55	18	M	553	+00:25:49
SEN	78	F	104	+00:26:00
SEN	79	F	105	+00:26:01
VET M45	61	M	554	+00:26:02

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SEN	80	F	106	+00:26:02
VET M40	89	M	555	+00:26:05
SEN	81	F	107	+00:26:07
VET F40	23	F	108	+00:26:07
SEN	330	M	556	+00:26:10
SEN	331	M	557	+00:26:11
SEN	82	F	109	+00:26:13
VET M55	19	M	558	+00:26:13
SEN	332	M	559	+00:26:13
VET F40	24	F	110	+00:26:15
SEN	333	M	560	+00:26:23
VET M45	62	M	561	+00:26:31
SEN	83	F	111	+00:26:43
SEN	84	F	112	+00:26:46
SEN	334	M	562	+00:26:52
VET F50	5	F	113	+00:26:52
VET F50	6	F	114	+00:26:52
SEN	335	M	563	+00:26:53
SEN	85	F	115	+00:26:53
SEN	86	F	116	+00:26:55
SEN	87	F	117	+00:26:57
SEN	88	F	118	+00:27:00
VET M60	22	M	564	+00:27:03
SEN	89	F	119	+00:27:04
SEN	90	F	120	+00:27:08
SEN	91	F	121	+00:27:08
VET M50	38	M	565	+00:27:17
VET M40	90	M	566	+00:27:23
VET F40	25	F	122	+00:27:28
SEN	336	M	567	+00:27:31
SEN	92	F	123	+00:27:32
VET M45	63	M	568	+00:27:33
SEN	93	F	124	+00:27:34
SEN	94	F	125	+00:27:38
SEN	95	F	126	+00:27:38
SEN	96	F	127	+00:27:38
VET F50	7	F	128	+00:27:40
VET M50	39	M	569	+00:27:41
SEN	97	F	129	+00:27:44
SEN	337	M	570	+00:27:44
SEN	98	F	130	+00:27:45
SEN	99	F	131	+00:27:48
SEN	100	F	132	+00:27:48
SEN	101	F	133	+00:27:56
VET M45	64	M	571	+00:28:11
SEN	338	M	572	+00:28:14
SEN	102	F	134	+00:28:14
SEN	103	F	135	+00:28:15
SEN	104	F	136	+00:28:15
SEN	105	F	137	+00:28:16
SEN	106	F	138	+00:28:16
SEN	339	M	573	+00:28:24
SEN	107	F	139	+00:28:24
VET F40	26	F	140	+00:28:26
VET F40	27	F	141	+00:28:26

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SEN	108	F	142	+00:28:29
SEN	340	M	574	+00:28:29
SEN	109	F	143	+00:28:30
SEN	110	F	144	+00:28:35
SEN	341	M	575	+00:28:41
SEN	342	M	576	+00:28:42
SEN	343	M	577	+00:28:44
VET M40	91	M	578	+00:28:47
SEN	344	M	579	+00:28:58
SEN	111	F	145	+00:29:09
SEN	345	M	580	+00:29:09
VET F40	28	F	146	+00:29:09
SEN	112	F	147	+00:29:09
SEN	113	F	148	+00:29:10
SEN	114	F	149	+00:29:10
SEN	346	M	581	+00:29:11
VET M45	65	M	582	+00:29:16
VET F40	29	F	150	+00:29:25
VET M60	23	M	583	+00:29:29
SEN	115	F	151	+00:29:30
SEN	116	F	152	+00:29:33
SEN	347	M	584	+00:29:36
VET M60	24	M	585	+00:29:36
SEN	348	M	586	+00:29:39
SEN	349	M	587	+00:29:41
SEN	350	M	588	+00:29:42
SEN	117	F	153	+00:29:42
SEN	351	M	589	+00:29:51
SEN	118	F	154	+00:29:51
SEN	119	F	155	+00:29:51
SEN	352	M	590	+00:29:51
SEN	353	M	591	+00:29:52
SEN	120	F	156	+00:30:02
VET F40	30	F	157	+00:30:03
SEN	121	F	158	+00:30:06
VET F50	8	F	159	+00:30:15
SEN	122	F	160	+00:30:19
VET F40	31	F	161	+00:30:27
SEN	123	F	162	+00:30:53
VET F40	32	F	163	+00:30:54
SEN	354	M	592	+00:30:56
SEN	355	M	593	+00:31:03
SEN	356	M	594	+00:31:03
SEN	357	M	595	+00:31:04
SEN	358	M	596	+00:31:06
SEN	359	M	597	+00:31:07
SEN	124	F	164	+00:31:11
SEN	360	M	598	+00:31:12
SEN	361	M	599	+00:31:15
SEN	125	F	165	+00:31:19
SEN	362	M	600	+00:31:19
SEN	126	F	166	+00:31:22
SEN	127	F	167	+00:31:36
VET M45	66	M	601	+00:31:41
SEN	128	F	168	+00:31:42

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SEN	129	F	169	+00:31:42
SEN	130	F	170	+00:31:56
VET F40	33	F	171	+00:32:12
SEN	131	F	172	+00:32:17
SEN	363	M	602	+00:32:17
SEN	364	M	603	+00:32:21
SEN	132	F	173	+00:32:25
SEN	133	F	174	+00:32:41
VET F40	34	F	175	+00:32:42
SEN	365	M	604	+00:32:47
VET M40	92	M	605	+00:32:54
SEN	366	M	606	+00:32:58
SEN	134	F	176	+00:33:05
SEN	135	F	177	+00:33:07
SEN	136	F	178	+00:33:07
SEN	367	M	607	+00:33:08
SEN	137	F	179	+00:33:10
VET M40	93	M	608	+00:33:13
SEN	138	F	180	+00:33:16
SEN	139	F	181	+00:33:18
VET M40	94	M	609	+00:33:21
SEN	368	M	610	+00:33:40
VET F40	35	F	182	+00:33:43
VET M40	95	M	611	+00:33:50
SEN	369	M	612	+00:34:25
SEN	140	F	183	+00:34:26
SEN	141	F	184	+00:34:29
SEN	142	F	185	+00:34:29
VET M40	96	M	613	+00:34:32
SEN	370	M	614	+00:34:52
VET M60	25	M	615	+00:34:55
SEN	143	F	186	+00:35:10
SEN	144	F	187	+00:35:55
SEN	145	F	188	+00:36:13
SEN	146	F	189	+00:36:14
SEN	147	F	190	+00:36:28
VET F40	36	F	191	+00:36:31
SEN	148	F	192	+00:36:32
VET M50	40	M	616	+00:36:35
VET M40	97	M	617	+00:37:25
SEN	149	F	193	+00:37:25
SEN	150	F	194	+00:37:49
SEN	151	F	195	+00:37:50
SEN	152	F	196	+00:38:06
VET M50	41	M	618	+00:38:23
SEN	371	M	619	+00:38:23
SEN	372	M	620	+00:38:24
VET F40	37	F	197	+00:39:00
SEN	153	F	198	+00:39:22
SEN	373	M	621	+00:39:50
SEN	154	F	199	+00:39:50
SEN	374	M	622	+00:39:51
SEN	375	M	623	+00:39:51
SEN	155	F	200	+00:40:01
VET M40	98	M	624	+00:41:10

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SEN	156	F	201	+00:41:33
SEN	376	M	625	+00:41:53
VET F50	9	F	202	+00:47:05

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EQUIPA	DN	IDADE
G.D.J.CRUZ & IRMÃOS	15/08/1982	32
A.C.R. SRA DESTERRO-NAPO	11/09/1984	30
	17/01/1968	47
ADERCUS	19/01/1971	44
CASA DO POVO DE MANGUALDE	26/01/1973	42
	20/01/1983	32
BOAVISTA FC	17/05/1975	40
MJM	02/01/1991	24
	07/07/1990	25
	26/03/1987	28
	25/07/1986	28
CASA DO POVO DE MANGUALDE	03/07/1969	46
CDCR DOS CTT DE COIMBRA	19/06/1977	38
ADRULSM	08/07/1978	37
COIMBRA TRAIL RUNNING	08/10/1976	38
RUNNERS LAMPASSA	05/08/1994	20
LOJA DO ATLETA	18/03/1982	33
	05/04/1983	32
RB RUNNING	03/11/1974	40
CLUBE GALITOS- TRIATLO	23/12/1991	23
	25/12/1979	35
ADREP (DA)	12/11/1973	41
SHIADU TEAM	15/10/1979	35
DECA RUNNERS COIMBRA	24/02/1978	37
	18/07/1976	39
RUNNER'S HIGH	20/09/1984	30
ADERCUS	04/11/1976	38
ANGOLA	20/01/1979	36
	02/01/1961	54
	27/10/1965	49
	17/05/1975	40
NDCODEMIRA	26/06/1997	18
ROYAL SCHOOL OF LANGUAGES	23/04/1972	43
	25/04/1983	32
	18/09/1988	26
	08/12/1989	25
NIGHT RUNNERS COIMBRA	22/02/1971	44
	22/11/1975	39
LOJA DO ATLETA	07/01/1980	35
CCDS S.FRUTUOSO	14/03/1967	48
ESC ATLETISMO COIMBRA	01/01/1995	20
	09/02/1994	21
BOAVISTA F.C	12/01/1990	25
AC PORTALEGRE/UTSM	01/12/1987	27
	13/08/1966	48
OFFTELRUNNERS	07/07/1991	24
	05/06/1952	63
ALTO TRILHO - JAVALIS	07/11/1973	41
	03/05/1973	42
ATLETA DO LUSO	05/09/1956	58
	16/01/1976	39
LOJA DO ATLETA	23/01/1987	28
	06/03/1989	26
TONDELA RUNNERS	03/08/1966	48

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RB RUNNING	03/02/1979	36
C.U.V. SEÇÃO DESPORTIVA	01/05/1981	34
VAMOS CORRER EM ILHAVO	21/09/1954	60
	03/06/1990	25
SEMPRE EM FORMA	27/01/1973	42
X5 HEALTH CLUB	28/06/1985	30
LOJA DO ATLETA	15/09/1983	31
	16/09/1986	28
KEMEDO TEAM	28/09/1980	34
A. ACADÉMICA DE COIMBRA	23/04/1971	44
RAINHA CLUB	21/04/1985	30
TONDELA RUNNERS	11/06/1976	39
	19/08/1981	33
BAIRRADA RUNNERS	29/04/1988	27
X5 HEALTH CLUB	13/09/1982	32
MAIA A.C.	02/08/1985	29
COIMBRA TRAIL RUNNING	27/11/1985	29
RECREIO DESPORTIVO ÁGUEDA	01/10/1988	26
A.A.C.	22/12/1966	48
ADERCUS	22/04/1996	19
	12/12/1986	28
CCD-RENAULT CACIA	10/10/1976	38
	18/04/1991	24
RUN4FUN	17/03/1975	40
	18/05/1981	34
	18/05/1967	48
	12/03/1980	35
	06/12/1984	30
LOJA DO ATLETA	09/09/1976	38
	02/07/1973	42
ROYAL SCHOOL OF LANGUAGES	16/07/1974	41
X5 HEALTH CLUB	21/04/1977	38
IRUN2U	24/12/1973	41
	07/05/1984	31
	09/05/1986	29
ADRLCE - ESPINHO	13/03/1967	48
	07/08/1989	25
ESC ATLETISMO COIMBRA	22/05/1999	16
TONDELA RUNNERS	18/12/1975	39
PORTO RUNNERS	05/08/1959	55
NÚCLEO ATLETISMO CUCUJÃES	09/09/1970	44
RUNNERS LAMPASSA	25/07/1982	32
	05/12/1981	33
FITME	29/04/1981	34
	05/01/1976	39
TARTARUGAS DO ASFALTO	21/04/1968	47
X5 HEALTH CLUB	01/01/1975	40
X5 HEALTH CLUB	08/02/1980	35
	06/01/1970	45
	26/11/1990	24
CLUBE DOS GALITOS	24/11/1983	31
	03/01/1991	24
	19/01/1970	45
ROYAL SCHOOL OF LANGUAGES	18/04/1973	42
ROYAL SCHOOL OF LANGUAGES	11/09/1977	37

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TONDELA RUNNERS	16/09/1981	33
JOGGING LOVERS COIMBRA	27/04/1981	34
	10/06/1976	39
	30/08/1966	48
TRIO ODEMIRA	14/06/1978	37
	18/12/1975	39
	09/09/1975	39
RUN@FIGUEIRA	02/01/1969	46
CLUBE NÁUTICO PRAIA MIRA	27/01/1996	19
CNI	15/11/1992	22
FLYRUNNER	30/04/1980	35
CLUBE NOVO BANCO	05/09/1966	48
LOJA DO ATLETA	08/08/1989	25
CHITAS DE ALCOBAÇA	22/10/1977	37
KO TRAIL RUNNING	12/08/1965	49
MAGICAL MUSHROOMS	21/09/1977	37
MAGICAL MUSHROOMS	10/07/1972	43
MJM	14/06/1986	29
MJM	10/09/1973	41
	12/07/1986	29
AFIS/OVAR	05/08/1961	53
	08/05/1979	36
	03/05/1979	36
	22/09/1971	43
ROYAL SCHOOL OF LANGUAGES	31/12/1982	32
	21/10/1976	38
ATHLON RUNNER´S	29/09/1980	34
RUN4FUN TEAM	17/10/1979	35
	27/10/1983	31
MATRECOS	21/01/1960	55
	11/03/1976	39
RIPOLIM.COM EVENTOS GRIJÓ	03/08/1957	57
	09/05/1986	29
RECREIO DESPORTIVO ÁGUEDA	25/01/1963	52
	09/06/1968	47
	21/10/1977	37
NEWLIFE CENTER	31/08/1967	47
	05/10/1980	34
	13/11/1961	53
PERNA DE PAU RUNNING TEAM	17/05/1977	38
PPRT-SPEM	09/10/1980	34
	31/08/1993	21
	05/06/1993	22
	25/04/1978	37
	04/05/1969	46
	20/08/1986	28
X5 HEALTH CLUB	06/05/1984	31
ADRULSM	17/11/1975	39
	04/11/1971	43
	03/02/1992	23
	10/05/1977	38
	25/03/1975	40
CCD – RENAULT CACIA	18/07/1985	30
BAIRRADARUNNERS	07/11/1985	29
JOGGING LOVERS COIMBRA	11/02/1985	30

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	17/06/1974	41
R/R ONLINE	28/08/1982	32
	22/12/1977	37
	15/10/1982	32
	28/05/1980	35
	08/11/1982	32
ADREP	04/01/1954	61
	18/04/1970	45
	28/10/1976	38
	21/10/1991	23
CLUBE PESSOAL EDP-PORTO	04/04/1958	57
	03/03/1988	27
	26/07/1988	26
CSJ SPORT CLUBE	26/01/1979	36
TONDELA RUNNERS	01/11/1980	34
DIÁRIO DE AVEIRO	23/04/1982	33
	27/09/1980	34
	30/04/1988	27
JOGGING LOVERS COIMBRA	21/11/1986	28
	22/08/1968	46
CCD-RENAULT CACIA	01/01/1969	46
	30/07/1984	30
	31/05/1978	37
	08/10/1974	40
CCD-RENAULT CACIA	28/03/1980	35
ZUPPER	22/07/1977	37
	13/01/1976	39
	08/09/1983	31
	09/01/1979	36
TONDELA RUNNERS	21/05/1986	29
4 PATAS	04/03/1981	34
CHARON	12/05/1979	36
BPS-SEGUROS	24/08/1963	51
JOGGING LOVERS COIMBRA	15/01/1981	34
TARTARUGAS	02/05/1965	50
	27/09/1987	27
	25/08/1983	31
	14/03/1981	34
MAIA A.C.	25/08/1985	29
	03/12/1978	36
	28/05/1977	38
	15/06/1986	29
VENTOS PEREGRINOS	15/12/1962	52
	14/12/1970	44
CMI	10/10/1975	39
PENTA CLUBE DA COVILHÃ	07/10/1976	38
	28/08/1954	60
IND CARNES DA GÂNDARA	20/09/1983	31
	10/08/1963	51
	18/08/1973	41
	14/10/1961	53
SPORT CLUBE BEIRA-MAR	16/12/1982	32
	09/01/1995	20
	10/05/1988	27
	07/07/1992	23

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LOJA DO ATLETA	01/01/1977	38
ATHLON RUNNER´S	12/02/1981	34
	08/04/1976	39
	08/11/1956	58
PORTO RUNNERS	28/01/1965	50
	24/04/1976	39
ADRULSM	11/02/1971	44
FIT&FUN	14/06/1988	27
P&J TEAM	01/06/1969	46
	04/03/1991	24
	29/04/1992	23
GINÁSIO CLUBE DE BRAGANÇA	15/09/1974	40
	29/03/1980	35
	29/06/1994	21
EM´FORÇA	31/07/1985	29
PEACE RUN TEAM	05/04/1976	39
	07/09/1988	26
RUN4FUN	02/10/1981	33
SPORT CLUBE BEIRA MAR	03/05/1975	40
	19/02/1970	45
	04/11/1983	31
DECATHLON	24/02/1985	30
INVICTA RUNNERS TEAM	24/04/1993	22
	13/12/1986	28
	19/04/1989	26
BOSCH	10/05/1972	43
ADREP	11/03/1952	63
GINÁSIO CLUBE DE BRAGANÇA	03/07/1988	27
BAJ	26/01/1982	33
RAINHA CLUB	25/01/1990	25
	22/06/1981	34
TARTURAGAS ASFALTO	01/11/1969	45
ROYAL SCHOOL OF LANGUAGES	29/06/1953	62
	24/11/1987	27
FIT ME	05/09/1986	28
RAINHA CLUB	03/02/1978	37
	23/06/1987	28
INDIVIDUAL	19/08/1984	30
	28/02/1956	59
	31/01/1964	51
	28/01/1967	48
	13/02/1980	35
	25/07/1992	22
CROSSTRAININGGICA	10/06/1981	34
FIT&FUN	29/04/1992	23
BARC	13/01/1990	25
RECREIO DESPORTIVO ÁGUEDA	13/05/1968	47
	22/12/1980	34
	21/06/1980	35
X5 HEALTH CLUB	19/12/1973	41
	24/10/1974	40
	08/11/1990	24
	10/02/1971	44
DECATHLON	09/11/1986	28
PERDI O TÁXI	15/06/1974	41

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MAGICAL MUSHROOMS	15/03/1976	39
X5 HEALTH CLUB	29/11/1982	32
X5 HEALTH CLUB	01/01/1967	48
JUNTA FREGUESIA BUARCOS	13/08/1976	38
RUN@FIGUEIRA	15/09/1962	52
AFIS/OVAR	23/10/1966	48
AFIS/OVAR	29/10/1955	59
PNMC- PORTO	30/08/1971	43
TARTARUGAS DO ASFALTO	04/11/1971	43
JÁ CORRESTE HOJE?	23/05/1984	31
ADRULSM	27/08/1978	36
X5 HEALTH CLUB	24/04/1964	51
X5 HEALTH CLUB	13/03/1973	42
	03/05/1976	39
RANGEL & OLIVEIRA CITROEN	18/10/1959	55
	20/05/1982	33
	27/07/1979	35
RECREIO DESPORTIVO ÁGUEDA	02/06/1972	43
	01/12/1987	27
BAJ	16/09/1980	34
RECREIO DESPORTIVO ÁGUEDA	22/12/1966	48
RECREIO DESPORTIVO ÁGUEDA	25/08/1966	48
	08/08/1981	33
	27/10/1982	32
	03/11/1965	49
	01/08/1974	40
	14/05/1979	36
LOJA DO ATLETA	13/10/1988	26
EDV-VIANATRAIL	12/02/1969	46
BAR ISCA-UNIVERSID AVEIRO	05/07/1965	50
RECREIO DESPORTIVO ÁGUEDA	14/01/1977	38
	23/12/1977	37
	24/01/1977	38
ROYAL SCHOOL OF LANGUAGES	16/05/1977	38
AMIGOS ATLETISMO MAGNA	05/05/1963	52
	01/03/1975	40
X5 HEALTH CLUB	25/09/1980	34
X5 HEALTH CLUB	28/03/1987	28
CORRER VISEU	18/06/1983	32
KALAV	12/09/1978	36
BARC	26/02/1979	36
MOONWLAKERS	26/11/1975	39
	21/12/1953	61
	08/05/1962	53
JOGGING LOVERS COIMBRA	03/07/1962	53
	07/10/1967	47
A. D. AMARANTE	17/06/1971	44
	16/12/1969	45
BARC	21/08/1978	36
	05/07/1986	29
LUSOS XXI	15/07/1976	39
ISARUNNERS	10/04/1979	36
MJM	09/02/1986	29
JOGGING LOVERS COIMBRA	05/08/1983	31
DOURO RUNNERS	04/06/1982	33

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	14/05/1960	55
	27/04/1973	42
	24/04/1972	43
CON_DOES DO CHOUPAL	04/12/1954	60
	01/03/1984	31
A.C.R. BOM SUCESSO	13/07/1963	52
	29/07/1972	42
	17/10/1979	35
OS MATA CHIBAS	11/12/1972	42
	10/10/1969	45
	28/05/1975	40
RUMO34	17/05/1984	31
	06/06/1962	53
X5 HEALTH CLUB	24/04/1964	51
	09/06/1973	42
JOGGING LOVERS COIMBRA	25/12/1998	16
	30/06/1949	66
	07/10/1977	37
	13/03/1985	30
	26/12/1952	62
SPORT CLUBE BEIRA-MAR	27/07/1991	23
AFIS/OVAR	18/07/1954	61
GANGUE DAS MAÇAS	30/03/1978	37
	21/08/1989	25
X5 HEALTH CLUB	06/11/1986	28
	22/09/1981	33
	10/04/1979	36
X5 HEALTH CLUB	19/06/1972	43
ADRULSM	21/04/1982	33
CIVILRIA	07/03/1984	31
CIVILRIA	15/06/1966	49
MOELAS COM BATATAS FRITAS	15/01/1982	33
	05/12/1969	45
	16/05/1977	38
	26/07/1971	43
X5 HEALTH CLUB 1	06/02/1987	28
	05/07/1971	44
	17/11/1982	32
RUN@FIGUEIRA	18/01/1972	43
	17/05/1980	35
	03/07/1982	33
KO TRAILRUNNING	07/03/1960	55
	24/01/1983	32
	15/10/1962	52
	16/01/1984	31
	15/01/1990	25
	05/09/1985	29
SPEM EMFORÇA	10/01/1964	51
PERNA DE PAU RUNNING	20/04/1978	37
	08/07/1984	31
SALDO VÁLIDO	15/12/1966	48
SALDO VÁLIDO	30/10/1968	46
SALDO VÁLIDO LDA-MORTÁGUA	14/07/1969	46
	09/06/1974	41
DIÁRIO DE AVEIRO	13/03/1983	32

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ADRULSM	20/01/1985	30
TONDELA RUNNERS	22/11/1968	46
	10/10/1973	41
	02/05/1984	31
JÁ CORRESTE HOJE?	23/08/1977	37
	02/09/1974	40
MJM	14/02/1977	38
	20/12/1980	34
	25/11/1973	41
IN	06/09/1993	21
LOJA DO ATLETA	01/01/1985	30
	20/05/1986	29
	12/09/1961	53
X5 HEALTH CLUB	14/03/1975	40
X5 HEALTH CLUB	10/10/1981	33
X5 HEALTH CLUB	11/07/1971	44
	22/03/1980	35
RUN & FUN	27/03/1970	45
CCD-RENAULT CACIA	08/12/1953	61
FLEXIASSEMBLY	22/06/1984	31
	16/03/1970	45
CLUBE BASKET 2011	09/02/1966	49
	06/12/1970	44
	13/06/1973	42
	22/11/1979	35
	10/11/1977	37
	21/03/1976	39
	30/07/1968	46
	22/04/1972	43
ADRULSM	04/02/1979	36
ADRULSM	17/01/1976	39
FIT ME	22/04/1997	18
	13/01/1978	37
CCD – RENAULT CACIA	18/01/1981	34
MOLINHAS TEAM	07/03/1964	51
OS MATA CHIBAS	04/09/1984	30
ROYAL SCHOOL OF LANGUAGES	12/02/1989	26
	28/10/1978	36
	16/09/1989	25
	03/09/1980	34
FIT ME	21/06/1992	23
LOJA DO ATLETA	16/03/1987	28
X5 HEALTH CLUB 1	10/08/1982	32
	06/06/1986	29
	10/04/1969	46
	07/04/1978	37
	07/09/1959	55
FLEXIASSEMBLY	14/02/1982	33
ADRULSM	04/02/1982	33
	04/03/1981	34
LOJA DO ATLETA	01/01/1984	31
	31/08/1987	27
ADRULSM	06/11/1986	28
PORTO RUNNERS	15/07/1969	46
X5 HEALTH CLUB 1	26/11/1980	34

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FIT ME	20/05/1986	29
	03/12/1974	40
LOJA DO ATLETA	22/08/1974	40
LOJA DO ATLETA	03/03/1974	41
SPORT CLUBE BEIRA-MAR	09/06/1976	39
A.C.R. BOM SUCESSO	13/05/1946	69
KARREGAEPUXA RUNNERS	30/01/1983	32
	28/11/1957	57
	17/07/1972	43
LOJA DO ATLETA	24/02/1985	30
ISARUNNERS	02/08/1985	29
	10/09/1969	45
ESPANHA	08/10/1972	42
CFM	10/11/1962	52
	12/11/1980	34
BAR ISCA-UNIVERSID AVEIRO	07/03/1998	17
FIT ME	16/07/1973	42
FIT ME	28/03/1975	40
RATOLA	13/06/1979	36
ADRULSM	11/02/1983	32
	11/04/1970	45
VAMOS CORRER EM ÍLHAVO	29/01/1979	36
VAMOS CORRER EM ÍLHAVO	22/01/1974	41
X5 HEALTH CLUB	10/01/1974	41
X5 HEALTH CLUB	25/10/1961	53
	23/01/1951	64
CORRER VISEU	05/10/1973	41
COSTA VERDE	06/03/1974	41
	09/04/1954	61
ESPANHA	31/05/1966	49
	30/06/1979	36
PERNA DE PAU RUNNING	30/04/1981	34
	09/02/1948	67
BARC	10/08/1976	38
PINTO FERREIRA	30/11/1954	60
TUFOS TEAM	09/07/1980	35
AZUL PASTEL	22/04/1980	35
MODCONSULTING	05/03/1977	38
MODCONSULTING	26/11/1978	36
	11/05/1956	59
	26/11/1967	47
	08/05/1978	37
	05/05/1982	33
LOJA DO ATLETA	21/03/1983	32
	06/09/1964	50
	18/04/1984	31
	10/03/1969	46
	29/04/1975	40
JOGGING LOVERS COIMBRA	10/12/1967	47
FIT ME	13/05/1995	20
	11/08/1960	54
FLEXYASSEMBLY (DA)	04/08/1987	27
	15/01/1992	23
	06/06/1984	31
	15/01/1973	42

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FIT & FUN	18/01/1979	36
	02/04/1986	29
BAJ	20/10/1986	28
JOGGING LOVERS COIMBRA	20/05/1983	32
	14/07/1979	36
FIT ME	08/04/1975	40
	03/01/1992	23
CASA BENFICA FIGUEIRA FOZ	20/08/1973	41
IMPARAVEIS	05/04/1983	32
IMPARAVEIS	26/05/1963	52
	07/06/1969	46
	02/12/1976	38
VESPA RUNNERS	02/12/1978	36
	04/12/1968	46
CASCI	19/05/1981	34
TONDELA RUNNERS	15/08/1969	45
TONDELA RUNNERS	06/12/1974	40
	23/04/1972	43
QUIMIFEIRACORRE/VCD	30/03/1946	69
	04/05/1964	51
	06/02/1990	25
	29/06/1972	43
CCD-RENAULT CACIA	14/05/1983	32
	01/11/1970	44
TERRORES DO ASFALTO	13/05/1981	34
	31/07/1961	53
	06/11/1987	27
RANGEL & OLIVEIRA CITROEN	05/05/1970	45
LOJA DO ATLETA	16/02/1979	36
TURBOLENTOS	13/12/1982	32
	23/04/1976	39
	14/11/1993	21
	15/05/1981	34
RANGEL & OLIVEIRA CITROEN	12/01/1974	41
X5 HEALTH CLUB	25/11/1983	31
QUIMIFEIRACORRE/VCD	18/10/1970	44
	17/07/1964	51
	30/11/1971	43
	28/02/1952	63
	11/05/1997	18
	17/10/1982	32
ACAGA	12/10/1962	52
ISARUNNERS	17/11/1984	30
X5 HEALTH CLUB	18/09/1984	30
BPS-SEGUROS	27/08/1966	48
BPS-SEGUROS	19/08/1970	44
	16/08/1973	41
PABOL	06/03/1967	48
APROCRED	03/03/1965	50
	02/09/1974	40
KO TRAIL RUNNING	15/12/1971	43
JOGGING LOVERS COIMBRA	05/07/1978	37
FLEXIASSEMBLY	28/07/1975	39
AFIS/OVAR	30/01/1945	70
BROTHERS RUNNING WILD	02/07/1991	24

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X5 HEALTH CLUB	26/12/1987	27
	11/07/2001	14
FIT&FUN	21/05/1983	32
GJPB - O. AZEMÉIS	11/10/1972	42
MOLINHAS TEAM	23/01/1971	44
	31/10/1975	39
TERRORS DO ASFALTO	31/07/1979	35
	19/05/1978	37
	23/08/1969	45
	27/10/1980	34
	19/06/1982	33
MOLINHAS TEAM	13/12/1990	24
RUN4FUN	07/04/1976	39
	21/09/1971	43
	11/08/1964	50
B.V.F.F.	21/03/1971	44
X5 HEALTH CLUB	16/09/1988	26
	04/09/1986	28
	10/12/1990	24
X5 HEALTH CLUB	26/11/1984	30
	02/03/1960	55
CROSSTRAININGGICA	03/09/1978	36
	09/05/1970	45
	19/09/1972	42
X5 HEALTH CLUB	14/11/1977	37
RUN4FUNTEAM	18/08/1984	30
	05/01/1956	59
HAPPYRUN	20/12/1957	57
	06/02/1982	33
	16/03/1996	19
ALL ABOUT	03/03/1981	34
	02/05/1983	32
CCD-RENAULT CACIA	25/05/1974	41
LOJA DO ATLETA	16/02/1983	32
	15/11/1972	42
	24/12/1982	32
RECREIO DESPORTIVO ÁGUEDA	05/05/1973	42
TRIO ODEMIRA	20/04/1979	36
	10/11/1985	29
FBATISTA	13/08/1971	43
	26/03/1976	39
	21/09/1991	23
4ANY1	29/07/1983	31
PERNA DE PAU RUNNING TEAM	22/01/1985	30
	22/08/1960	54
ROMPE SOLAS	28/10/1957	57
	20/05/1976	39
	21/09/1964	50
	18/02/1978	37
	30/01/1997	18
	06/11/1974	40
OFFTELRUNNERS	17/04/1973	42
X5 HEALTH CLUB	18/10/1980	34
	22/01/1983	32
MAGICAL MUSHROOMS	28/04/1973	42

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	20/07/1979	35
	22/08/1980	34
	10/03/1981	34
	13/11/1982	32
	26/04/1966	49
	08/10/1964	50
AS-AD TEAMUP	25/08/1964	50
AS-AD TEAMUP	04/12/1982	32
JOGGING LOVERS COIMBRA	06/04/1976	39
FIT ME	01/09/1988	26
GPE RUNNERS	04/12/1989	25
	21/04/1985	30
	10/07/1981	34
MJM	28/09/1975	39
	19/05/1979	36
X5 HEALTH CLUB	29/06/1983	32
	06/05/1987	28
	07/06/1978	37
X5 HEALTH CLUB	13/12/1973	41
LOJA DO ATLETA	24/02/1985	30
LOJA DO ATLETA	30/08/1978	36
	11/09/1970	44
IMPARÁVEIS	12/08/1988	26
X5 HEALTH CLUB	28/10/1970	44
X5 HEALTH CLUB	05/03/1991	24
BROTHERS RUNNING WILD	12/07/1985	30
	15/06/1982	33
	11/03/1951	64
	07/02/1978	37
	30/06/1980	35
	04/09/1974	40
	22/01/1986	29
	28/09/1980	34
FAMELGA	26/12/1981	33
FAMELGA	08/07/1976	39
REBECOS DE VOUZELA	02/03/1990	25
MJM	18/08/1971	43
HAPPYRUN	16/05/1961	54
REBECOS DE VOUZELA	01/02/1988	27
	28/07/1979	35
SPORT CLUBE BEIRA-MAR	28/08/1984	30
MOLINHAS TEAM	25/03/1967	48
X5 HEALTH CLUB	07/03/1975	40
	30/05/1986	29
	06/02/1987	28
	02/01/1976	39
WELLRUNNER'S	06/04/1981	34
	22/08/1992	22
	08/07/1988	27
IMPARÁVEIS	06/07/1976	39
	05/03/1985	30
ADRULSM	18/04/1960	55
RUN4FUNTEAM	14/10/1981	33
PINTO FERREIRA	31/08/1981	33
ACAGA	20/06/1966	49

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KO TRAIL RUNNING	12/09/1989	25
X5 HEALTH CLUB	06/05/1975	40
	01/07/1982	33
	15/08/1973	41
	15/01/1988	27
	05/01/1987	28
	31/05/1993	22
	05/06/1957	58
	29/07/1975	39
	23/09/1974	40
	07/04/1980	35
	05/06/1970	45
	07/07/1996	19
MOLINHAS TEAM	16/08/1980	34
FLEXIASSEMBLY	27/06/1984	31
	28/01/1961	54
	24/08/1959	55
	27/03/1977	38
	16/04/1978	37
MAGICAL MUSHROOMS	17/01/1976	39
	20/09/1975	39
FIT ME	16/11/1977	37
	05/12/1950	64
	07/05/1985	30
X5 HEALTH CLUB	04/07/1986	29
RUMO34	06/12/1984	30
	02/10/1963	51
RAINHA CLUB	23/10/1972	42
MOLINHAS TEAM	05/10/1972	42
FAMELGA	22/06/1977	38
ISARUNNING	26/06/1979	36
	26/04/1970	45
	03/06/1986	29
	17/02/1976	39
X5 HEALTH CLUB	21/03/1987	28
	04/04/1977	38
A.N.R.	08/05/1959	56
	08/03/1964	51
	18/10/1985	29
	09/08/1986	28
RUN4FUN TEAM	05/05/1984	31
	31/05/1981	34
DIARIO DE AVEIRO	31/05/1981	34
	17/09/1990	24
RUN & FEN	24/05/1969	46
	28/06/1988	27
	18/09/1990	24
	06/03/1977	38
	17/07/1980	35
	26/03/1986	29
FIT ME	10/09/1990	24
	08/04/1980	35
	18/10/1977	37
	08/08/1965	49
	11/10/1972	42

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	08/09/1985	29
	09/12/1984	30
BARC	08/01/1985	30
	18/06/1982	33
QUIMIFEIRACORR/VCD	03/03/1984	31
X5 HEALTH CLUB	12/12/1999	15
RUMO34	18/03/1983	32
QUINTETO FANTASTICO	25/09/1974	40
FLEXIASSEMBLY	04/01/1981	34
	26/09/1983	31
	21/08/1982	32
SAI DE GATAS BTTEAM	13/01/1974	41
SPORT CLUBE BEIRA-MAR	15/03/1992	23
	14/10/1981	33
	11/12/1987	27
	04/08/1983	31
X5 HEALTH CLUB	13/03/1966	49
ATHLON RUNNER'S	26/10/1974	40
BTTRAIN	30/04/1951	64
LOJA DO ATLETA	10/10/1976	38
ATHLON RUNNER'S	16/04/1981	34
JÚLIO RODRIGUES LDA	16/08/1983	31
	15/03/1947	68
	08/01/1979	36
	24/03/1987	28
X5 HEALTH CLUB	20/01/1992	23
X5 HEALTH CLUB 1	17/08/1980	34
CLUBE PT AVEIRO	04/07/1984	31
CLUBE PT AVEIRO	25/06/1980	35
	15/10/1977	37
	23/09/1975	39
	30/05/1977	38
RUN & FUN	22/07/1990	24
	07/10/1967	47
RUN4FUN TEAM	08/03/1979	36
	04/05/1960	55
IND CARNES DA GÂNDARA	12/09/1989	25
	23/03/1970	45
X5 HEALTH CLUB	12/05/1977	38
P&J TEAM	25/02/1973	42
	09/05/1982	33
	30/04/1981	34
	24/11/1980	34
D4E	10/06/1980	35
	03/06/1987	28
	08/02/1991	24
MJM	01/11/1983	31
HOLANDA	02/12/1976	38
	30/12/1976	38
	12/01/1981	34
	07/08/1983	31
MJM	26/09/1987	27
	25/08/1985	29
FIT ME	05/12/1968	46
	12/10/1982	32

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FIT ME	23/11/1987	27
	28/08/1981	33
CONDORES CHOUPAL COIMBRA	17/10/1968	46
MOONWALKERS	31/10/1984	30
MOONWALKERS	26/01/1985	30
	29/12/1983	31
CNI	29/09/1992	22
X5 HEALTH CLUB	19/01/1999	16
	03/05/1967	48
RAINHA CLUB	23/09/1978	36
ISARUNNING	26/12/1973	41
MAGICAL MUSHROOMS	18/10/1981	33
WELLRUNNERS	05/09/1976	38
	02/08/1975	39
LEÕES DA AGRA	11/01/1980	35
MAIANORTHSIDERUN	10/05/1977	38
X5 HEALTH CLUB	22/10/1977	37
X5 HEALTH CLUB 1	24/10/1972	42
	12/04/1976	39
X5 HEALTH CLUB	16/03/1991	24
X5 HEALTH CLUB	12/11/1972	42
	27/07/1984	30
	18/11/1970	44
	08/08/1970	44
X5 HEALTH CLUB	17/10/1984	30
X5 HEALTH CLUB	23/08/1991	23
FIT ME	27/03/1988	27
X5 HEALTH CLUB	30/06/1983	32
	02/11/1971	43
	10/04/1982	33
FBATISTA	09/05/1948	67
DIÁRIO DE AVEIRO	07/07/1976	39
	05/07/1978	37
X5 HEALTH CLUB	19/09/1981	33
X5 HEALTH CLUB	14/10/1977	37
RATOLA	25/10/1978	36
MJM	21/09/1973	41
MJM	29/11/1981	33
	16/04/1965	50
FAMILY WORKOUT	06/01/1975	40
FAMILY WORKOUT	22/07/1977	37
	10/11/1993	21
	26/11/1984	30
	10/11/1976	38
	13/03/1962	53
	23/03/1999	16
	04/05/1977	38
FBATISTA	29/12/1974	40
4 PATAS	10/11/1980	34
	15/03/1977	38
	09/11/1976	38
	10/03/1987	28
	31/07/1980	34
	06/09/1996	18
X5 HEALTH CLUB	15/05/1971	44

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	22/03/1980	35
	08/02/1991	24
RATOLA	16/07/1954	61