lap2go TIMING SOLUTION

Ulfilanis Run
Fiães
25-March-2017

PROVA PRINCIPAL - STAGE 1 — 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	21:00	9ºC	87%
End	22:23	9ºC	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	60	LEONEL FERNANDES	clube de atletismo de ovar - c.a.ovar	Senior Masculino	31:38		03:14
2	100	ARTUR OLIVEIRA RODRIGUES	grupo desportivo e cultural de guilhovai	Senior Masculino	32:00	+00:22	03:16
3	7	André Aniceto	acr vale de cambra	Senior Masculino	32:21	+00:44	03:18
4	77	Tiago Madureira	dci\ccdrpedrulha-mealhada	Senior Masculino	33:02	+01:25	03:22
5	102	PAULO JORGE SOARES PEREIRA	grupo desportivo e cultural de guilhovai	Veterano M40	33:14	+01:36	03:23
6	85	TOZE CASTRO	fiães sport clube	Senior Masculino	33:27	+01:49	03:25
7	86	VITOR SANTOS	fiães sport clube	Senior Masculino	33:33	+01:55	03:25
8	9	António Fernandes	acr vale de cambra	Veterano M45	33:43	+02:06	03:27
9	8	Bruno Freitas	acr vale de cambra	Senior Masculino	33:50	+02:12	03:27
10	58	CELSO LEITE	clube de atletismo de ovar - c.a.ovar	Senior Masculino	34:13	+02:36	03:30
11	59	HELDER PIRES	clube de atletismo de ovar - c.a.ovar	Senior Masculino	34:28	+02:50	03:31
12	103	MANUEL DE JESUS RIBEIRO URBANO	grupo desportivo e cultural de guilhovai	Veterano M45	34:31	+02:54	03:31
13	206	Fernando Lima	núcleo de atletismo de cucujães	Veterano M40	34:39	+03:01	03:32
14	104	MANUEL VALENTE FERREIRA	grupo desportivo e cultural de guilhovai	Veterano M45	34:41	+03:03	03:32
15	76	Telmo Nascimento	dci\ccdrpedrulha-mealhada	Senior Masculino	34:48	+03:10	03:33
16	74	João Toscano	dci\ccdrpedrulha-mealhada	Junior Masculino	34:51	+03:14	03:33
17	78	ANDRE SILVA	fiães sport clube	Senior Masculino	34:58	+03:21	03:34
18	207	Norbeto Silva	núcleo de atletismo de cucujães	Veterano M40	35:05	+03:28	03:35
19	72	Camilo Guedes	clube pessoal aguas gaia	Veterano M45	35:33	+03:56	03:38
20	241	MÁRIO SILVA	s.s.t.s.j.m. serviços sociais dos trabalhadores do município de s. joão da madeira	Veterano M50	35:46	+04:09	03:39
21	270	Paulo Reis	sporting clube de espinho / António leitão	Veterano M45	35:51	+04:13	03:40
22	83	JOSE ALMEIDA	fiães sport clube	Senior Masculino	35:52	+04:15	03:40
23	105	MANUEL FERNANDO SOARES FERREIRA	grupo desportivo e cultural de guilhovai	Veterano M50	36:00	+04:22	03:40
24	125	Luís Silva	individual	Senior Masculino	36:01	+04:24	03:41
25	44	renato silva	caldas s. jorge sport clube	Veterano M45	36:21	+04:44	03:43
26	29	Belmiro Rodrigues	c.f.oliveira do douro	Veterano M50	36:23	+04:45	03:43
27	27	Joaquim Silva	bairro carcavelos	Veterano M55	36:37	+04:59	03:44
28	273	Joana Nunes	recreio desportivo de águeda	Senior Feminino	36:38	+05:01	03:44
29	82	HELDER ROBALINHO	fiães sport clube	Senior Masculino	36:48	+05:11	03:45
30	246	FÁBIO CORREIA	trail running clube btt sanguedo	Senior Masculino	36:50	+05:12	03:46
31	28	casimiro galhardo	bairro carcavelos	Veterano M60	36:58	+05:20	03:46
32	57	CARLOS SQUEIRA	clube de atletismo de ovar - c.a.ovar	Senior Masculino	37:10	+05:33	03:48
33	26	Benjamim Soares	bairro carcavelos	Veterano M55	37:18	+05:40	03:48
34	35	FILIPE FONTES	cal - clube atletismo de lamas	Veterano M40	37:25	+05:47	03:49
35	256	Cláudio Fonseca	vivalley runners	Veterano M40	37:59	+06:22	03:53
36	278	Justyna Wojak	sc salgueiros	Senior Feminino	38:06	+06:28	03:53
37	255	Adriano Fonseca	vivalley runners	Senior Masculino	38:13	+06:35	03:54

PROVA PRINCIPAL - STAGE 1 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
38	38	AUGUSTO ALUAI	cal - clube atletismo de lamas	Veterano M45	38:17	+06:39	03:54
39	126	Marco Paiva	individual	Senior Masculino	38:23	+06:45	03:55
40	80	CLAUDIO COSTA	fiães sport clube	Senior Masculino	38:37	+06:59	03:56
41	79	BRUNO MELO	fiães sport clube	Senior Masculino	38:37	+06:59	03:56
42	175	Ivan Silva	limitless	Senior Masculino	38:41	+07:04	03:57
43	87	JOAO PAULO	fiães sport clube	Veterano M40	38:44	+07:06	03:57
44	67	Bruno santos	clube independente de argoncilhe	Senior Masculino	38:50	+07:13	03:58
45	169	Horacio teixeira	individual	Veterano M60	39:01	+07:24	03:59
46	258	Bruno Amorim	xica la manca	Senior Masculino	39:17	+07:39	04:01
47	81	DIOGO COUTINHO	fiães sport clube	Senior Masculino	39:17	+07:40	04:01
48	63	JOAO RODRIGUES	clube de atletismo de ovar - c.a.ovar	Veterano M50	39:25	+07:48	04:01
49	98	Daniela Sousa	grupo desportivo do estreito	Senior Feminino	39:33	+07:55	04:02
50	73	José Adelino	clube pessoal aguas gaia	Veterano M55	39:39	+08:02	04:03
51	170	Manuel Dourado	individual	Veterano M60	39:40	+08:02	04:03
52	257	Ricardo Fonseca	vivalley runners	Veterano M40	39:41	+08:04	04:03
53	195	Rafael Silva	madugym	Senior Masculino	39:46	+08:09	04:04
54	64	MARIO VAZ	clube de atletismo de ovar - c.a.ovar	Veterano M50	40:01	+08:23	04:05
55	259	Filipe José Granja Dias	xica la manca	Senior Masculino	40:25	+08:47	04:07
56	55	MÓNICA FERNANDES	clube de atletismo de ovar - c.a.ovar	Senior Feminino	40:37	+08:59	04:09
57	205	Regina Maria Gilvaz	núcleo de atletismo de cucujães	Veterana F40	40:49	+09:12	04:10
58	45	Jose Silva	caldas s. jorge sport clube	Veterano M55	41:01	+09:23	04:11
59	182	Claudio Rodrigues	madugym	Junior Masculino	41:04	+09:26	04:11
60	56	SÍLVIA SANTOS	clube de atletismo de ovar - c.a.ovar	Senior Feminino	41:15	+09:37	04:13
61	245	AMERICO VALENTE	serviços sociais trabalhadores municipio de ovar	Veterano M50	41:15	+09:37	04:13
62	37	AGOSTINHO GONÇALVES	cal - clube atletismo de lamas	Veterano M45	41:38	+10:01	04:15
63	263	Tiago Alves	macron store porto	Senior Masculino	41:42	+10:04	04:15
64	262	Maria Eugenia Rodrigues Teixeira	macron store porto	Veterana F50	41:42	+10:04	04:15
65	61	MARCO SILVA	clube de atletismo de ovar - c.a.ovar	Senior Masculino	41:55	+10:17	04:17
66	275	Paulo Oliveira	afis/ovar	Senior Masculino	42:02	+10:25	04:17
67	208	José Silva	núcleo de atletismo de cucujães	Veterano M45	42:04	+10:26	04:18
68	222	Ruben Ferreira	peraltafil running	Junior Masculino	42:04	+10:26	04:18
69	249	MANUEL BASTOS	trail running clube btt sanguedo	Veterano M40	42:05	+10:28	04:18
70	250	RICHARD GUSTAVO NOGUEIRA DA SILVA	trail running clube btt sanguedo	Veterano M40	42:06	+10:28	04:18
71	10	José Graça	acr vale de cambra	Veterano M50	42:24	+10:46	04:20
72	39	ANTÓNIO CASTRO	cal - clube atletismo de lamas	Veterano M50	42:44	+11:07	04:22
73	22	Helena Sampaio	afis/ovar	Veterana F40	42:56	+11:18	04:23
74	11	Paulo Jorge Gomes Santos	acrde	Veterano M45	42:56	+11:19	04:23
75	41	António Neves	caldas s. jorge sport clube	Senior Masculino	42:57	+11:19	04:23
76	266	Rui Morais	madugym	Senior Masculino	43:21	+11:44	04:25
77	94	Pedro Miguel Gonçalves	fogaças com malapos	Senior Masculino	43:25	+11:48	04:26
78	165	Henrique Melo	individual	Veterano M50	43:27	+11:50	04:26
79	251	ALCINO SANTOS	trail running clube btt sanguedo	Veterano M45	43:29	+11:51	04:26
80	261	Ricardo Almeida	xica la manca	Senior Masculino	43:32	+11:54	04:27
81	69	Paulo monteiro	clube independente de argoncilhe	Veterano M40	43:36	+11:59	04:27

PROVA PRINCIPAL - STAGE 1 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
82	238	Fernando costs	pernetas	Veterano M45	43:57	+12:19	04:29
83	42	Ricardo Ferrão	caldas s. jorge sport clube	Senior Masculino	44:10	+12:32	04:30
84	91	Hugo Ricardo Lima	fogaças com malapos	Senior Masculino	44:27	+12:49	04:32
85	116	ANDRÉ FILIPE FERNANDES DOS SANTOS	individual	Senior Masculino	44:47	+13:09	04:34
86	204	André Silva	madugym	Veterano M55	44:54	+13:16	04:35
87	106	CARLOS DE SÁ OLIVEIRA	grupo desportivo e cultural de guilhovai	Veterano M60	45:00	+13:23	04:36
88	193	David Garrido	madugym	Senior Masculino	45:02	+13:25	04:36
89	101	MIGUEL FILIPE SOARES DOS SANTOS	grupo desportivo e cultural de guilhovai	Veterano M40	45:24	+13:47	04:38
90	174	MANUEL PEREIRA	jam juventude atlética mozelense	Veterano M50	45:26	+13:48	04:38
91	254	CELESTINO NOGUEIRA	trail running clube btt sanguedo	Veterano M50	45:29	+13:51	04:38
92	19	Adélia Tavares	adc cj clark de castelo de paiva	Veterana F50	45:34	+13:57	04:39
93	109	Rui Miguel Teixeira	hst car	Senior Masculino	45:41	+14:04	04:40
94	172	MATILDE BAPTISTA	jam juventude atlética mozelense	Veterana F50	45:42	+14:04	04:40
95	43	José Carlos Sousa	caldas s. jorge sport clube	Veterano M45	45:42	+14:04	04:40
96	6	Pedro Vieira	a.d.sebolido trail boneca d`ouro	Senior Masculino	45:57	+14:20	04:41
97	119	Daniel Moreira	individual	Senior Masculino	46:02	+14:25	04:42
98	167	Manuel Oliveira	individual	Veterano M55	46:10	+14:32	04:43
99	160	Fernando Ferreira	individual	Veterano M45	46:13	+14:36	04:43
100	276	Tiago Santos	individual	Senior Masculino	46:28	+14:51	04:45
101	158	Baltazar Ferreira	individual	Veterano M45	46:31	+14:54	04:45
102	70	Jose reis	clube independente de argoncilhe	Veterano M50	46:38	+15:00	04:46
103	71	Manuel santos	clube independente de argoncilhe	Veterano M60	46:38	+15:00	04:46
104	99	Carla Sousa	sporting clube de espinho / António leitão	Veterana F40	46:39	+15:02	04:46
105	132	Simão Cardoso	individual	Senior Masculino	46:46	+15:08	04:46
106	127	Nuno Santos	individual	Senior Masculino	46:46	+15:08	04:46
107	192	António Ventura	madugym	Senior Masculino	46:49	+15:11	04:47
108	151	Miguel Ferreira	individual	Veterano M40	46:56	+15:19	04:47
109	141	Sofia Coelho	individual	Veterana F40	47:03	+15:26	04:48
110	133	Tiago Mendes	individual	Senior Masculino	47:19	+15:41	04:50
111	34	FERNANDO BERNARDINO	cal - clube atletismo de lamas	Veterano M40	47:44	+16:07	04:52
112	184	Cátia Silva	madugym	Senior Feminino	47:51	+16:14	04:53
113	154	Peixinho RM	individual	Veterano M40	47:51	+16:14	04:53
114	16	Maria Dos Anjos Nunes	adc cj clark de castelo de paiva	Senior Feminino	48:11	+16:33	04:55
115	244	FLORBELA COSTA	serviços sociais trabalhadores municipio de ovar	Veterana F50	48:27	+16:49	04:57
116	65	ARLINDO PINTO	clube de atletismo de ovar - c.a.ovar	Veterano M60	48:27	+16:49	04:57
117	150	Luis Ferreira Gomes	individual	Veterano M40	48:33	+16:55	04:57
118	200	José Madureira	madugym	Veterano M40	48:35	+16:57	04:57
119	247	ROSA CONCEIÇÃO	trail running clube btt sanguedo	Veterana F40	48:39	+17:02	04:58
120	253	QUINTINO AMORIM	trail running clube btt sanguedo	Veterano M45	48:39	+17:02	04:58
121	194	João Rocha	madugym	Senior Masculino	48:56	+17:19	05:00
122	181	Bernardo Soares	madugym	Junior Masculino	48:57	+17:20	05:00
123	190	Patricia Ramos	madugym	Senior Feminino	48:57	+17:20	05:00
124	203	Carlos Ribeiro	madugym	Veterano M50	48:59	+17:22	05:00
125	229	Luís Guimarães	peraltafil running	Senior Masculino	49:09	+17:31	05:01

PROVA PRINCIPAL - STAGE 1 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
126	225	André Tavares	peraltafil running	Senior Masculino	49:09	+17:31	05:01
127	232	Sérgio Gomes	peraltafil running	Veterano M40	49:09	+17:32	05:01
128	235	Luís Silva	peraltafil running	Veterano M50	49:09	+17:32	05:01
129	236	António Ferreira	peraltafil running	Veterano M55	49:09	+17:32	05:01
130	228	Fernando Gomes	peraltafil running	Senior Masculino	49:10	+17:32	05:01
131	14	Fernanda Oliveira	adc cj clark de castelo de paiva	Senior Feminino	49:17	+17:39	05:02
132	202	Luis Morais	madugym	Veterano M45	49:21	+17:43	05:02
133	68	Nuno silva	clube independente de argoncilhe	Senior Masculino	49:27	+17:50	05:03
134	152	Paulo Vaz	individual	Veterano M40	49:31	+17:54	05:03
135	52	Marcelo Vieira Fernandes	cinca, s.a.	Veterano M45	49:41	+18:04	05:04
136	163	Alfredo Pereira da Rocha	individual	Veterano M50	49:45	+18:08	05:05
137	36	JOEL SANTOS	cal - clube atletismo de lamas	Veterano M40	49:55	+18:18	05:06
138	95	RENATO ARAÚJO	gdcr feira runners	Veterano M40	50:02	+18:25	05:06
139	12	Ana Paula Pinto	adc cj clark de castelo de paiva	Senior Feminino	50:03	+18:25	05:06
140	164	Armando Carlos Cunha Santos	individual	Veterano M50	50:31	+18:54	05:09
141	240	jose pereira	running espinho	Veterano M50	50:33	+18:56	05:10
142	211	Eduarda Maria Silva	pdi team	Junior Feminino	50:39	+19:01	05:10
143	212	Cristina Maria Castro Silva	pdi team	Veterana F40	50:42	+19:05	05:11
144	32	JOSÉ MOREIRA	cal - clube atletismo de lamas	Senior Masculino	50:44	+19:06	05:11
145	40	LUCÍDIO DIAS	cal - clube atletismo de lamas	Veterano M60	50:52	+19:14	05:11
146	143	FATIMA PAIS	individual	Veterana F50	51:01	+19:24	05:12
147	201	Agostinho Alves	madugym	Veterano M45	51:09	+19:32	05:13
148	230	Sérgio Costa	peraltafil running	Senior Masculino	51:26	+19:49	05:15
149	196	Tiago Sousa	madugym	Senior Masculino	51:30	+19:53	05:15
150	209	Bruno Silva	os arbitros tambem correm	Senior Masculino	51:31	+19:53	05:15
151	92	Luis Ricardo Faria Branco	fogaças com malapos	Senior Masculino	51:31	+19:54	05:15
152	89	Carlos Daniel Brandão	fogaças com malapos	Senior Masculino	51:32	+19:54	05:16
153	97	fernando rocha	grupo desportivo leoes de veneza	Veterano M55	51:32	+19:55	05:16
154	218	Rui Santos	pdi team	Veterano M45	51:40	+20:02	05:16
155	96	Hélder Ramos	gdg - grupo desportivo da gafanha	Veterano M45	51:43	+20:05	05:17
156	25	José Figueiredo	afis/ovar	Veterano M50	51:46	+20:09	05:17
157	23	Pedro Necho	afis/ovar	Veterano M40	51:47	+20:09	05:17
158	260	Pedro Simão Silva	xica la manca	Senior Masculino	51:52	+20:15	05:18
159	180	Patricia Pereira	madugym	Junior Feminino	52:18	+20:41	05:20
160	113	Nádia Alexandra Silva Valente	individual	Senior Feminino	52:19	+20:42	05:20
161	93	Pedro Cerdeirinha	fogaças com malapos	Senior Masculino	52:37	+21:00	05:22
162	90	Filipe Sá Coelho	fogaças com malapos	Senior Masculino	52:37	+21:00	05:22
163	51	Víctor António da Costa e Sousa	cinca, s.a.	Veterano M40	52:51	+21:13	05:24
164	161	Fernando Pais	individual	Veterano M45	52:51	+21:13	05:24
165	140	Silvia da Conceição Ferreira Baptista	individual	Veterana F40	52:55	+21:17	05:24
166	214	Miguel Silva	pdi team	Veterano M40	52:57	+21:20	05:24
167	219	Germano Silva Santos	pdi team	Veterano M50	52:58	+21:20	05:24
168	15	Helena Pereira	adc cj clark de castelo de paiva	Senior Feminino	53:16	+21:38	05:26
169	18	Filipe Pinto	adc cj clark de castelo de paiva	Senior Masculino	53:16	+21:38	05:26
170	149	José costa	individual	Veterano M40	53:20	+21:42	05:27

PROVA PRINCIPAL - STAGE 1 — 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
171	117	Augusto Ribeiro	individual	Senior Masculino	53:20	+21:42	05:27
172	153	Pedro Soares	individual	Veterano M40	53:23	+21:45	05:27
173	17	Elisabete Barbosa	adc cj clark de castelo de paiva	Veterana F40	53:24	+21:47	05:27
174	145	Antonio albuquerque	individual	Veterano M40	53:41	+22:04	05:29
175	13	Andreia Teixeira	adc cj clark de castelo de paiva	Senior Feminino	53:58	+22:21	05:30
176	148	Jorge Fontes	individual	Veterano M40	54:02	+22:25	05:31
177	227	Celso Silva	peraltafil running	Senior Masculino	54:04	+22:27	05:31
178	224	Carla Pacheco	peraltafil running	Senior Feminino	54:04	+22:27	05:31
179	131	Sérgio oliveira	individual	Senior Masculino	54:05	+22:28	05:31
180	136	Fatima Leal	individual	Veterana F40	54:05	+22:28	05:31
181	173	JOSÉ PINTO	jam juventude atlética mozelense	Veterano M45	54:25	+22:47	05:33
182	171	MARINHA BAPTISTA	jam juventude atlética mozelense	Veterana F50	54:25	+22:47	05:33
183	108	PAULO MANUEL OLIVEIRA RAMOS	grupo juvenil pinheiro da bemposta -o. azeméis	Veterano M40	54:31	+22:53	05:34
184	226	Bruno Neves	peraltafil running	Senior Masculino	54:36	+22:58	05:34
185	62	FÁTIMA ALEIXO	clube de atletismo de ovar - c.a.ovar	Veterana F40	54:45	+23:07	05:35
186	66	JOAQUIM COSTA	clube de atletismo de ovar - c.a.ovar	Veterano M60	54:49	+23:12	05:36
187	50	Marco Aurélio Marques dos Santos	cinca, s.a.	Senior Masculino	55:01	+23:23	05:37
188	46	Ramiro Monteiro	caldas s. jorge sport clube	Veterano M60	55:03	+23:26	05:37
189	239	Ricardo Monteiro	running espinho	Veterano M45	55:05	+23:28	05:37
190	21	Rui martins	adc cj clark de castelo de paiva	Veterano M40	55:10	+23:32	05:38
191	20	Filipa Martins	adc cj clark de castelo de paiva	Junior Feminino	55:10	+23:33	05:38
192	242	Alexandre Cardoso	saudades do sofá!	Senior Masculino	55:22	+23:45	05:39
193	243	Ricardo Ribeiro	saudades do sofá!	Veterano M45	55:22	+23:45	05:39
194	144	Maria Alice Pinto da Silva Fernandes	individual	Veterana F50	55:26	+23:48	05:39
195	137	Maria Filomena Coelho da Silva Pinheiro	individual	Veterana F40	55:30	+23:53	05:40
196	166	Fernando Silva	individual	Veterano M55	55:31	+23:53	05:40
197	272	Paulo Gomes	individual	Veterano M45	55:31	+23:53	05:40
198	146	Inácio Ferreira	individual	Veterano M40	55:32	+23:54	05:40
199	248	MARGARIDA MACHADO	trail running clube btt sanguedo	Veterana F50	55:34	+23:57	05:40
200	277	Lurdes Tavares	cal - clube atletismo de lamas	Veterana F40	55:39	+24:02	05:41
201	237	Susana canhola	pernetas	Veterana F40	55:40	+24:02	05:41
202	114	SMónica	individual	Senior Feminino	55:48	+24:11	05:42
203	147	Jorge Faria	individual	Veterano M40	55:55	+24:18	05:42
204	198	Clara Pereira	madugym	Veterana F40	56:19	+24:41	05:45
205	121	Fernando Pinho Oliveira	individual	Senior Masculino	56:19	+24:42	05:45
206	231	Deolinda Ferreira	peraltafil running	Veterana F40	56:27	+24:50	05:46
207	112	Maria Manuela Silva	individual	Senior Feminino	56:36	+24:59	05:47
208	134	Vitor Alexandre Tavares Pinto	individual	Senior Masculino	57:15	+25:38	05:51
209	122	Hugo Henriques	individual	Senior Masculino	57:16	+25:38	05:51
210	111	Maria Celeste Pinho Fernandes	individual	Senior Feminino	57:56	+26:19	05:55
211	188	Irma Vale	madugym	Senior Feminino	58:15	+26:37	05:57
212	189	Maria João Nunes	madugym	Senior Feminino	58:45	+27:07	06:00

PROVA PRINCIPAL - STAGE 1 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
213	223	Ana Paula oliveira	peraltafil running	Senior Feminino	58:51	+27:14	06:00
214	53	Pedro Miguel Ferreira de Oliveira e Castro	clãcastro	Senior Masculino	58:59	+27:21	06:01
215	124	José Pires	individual	Senior Masculino	59:01	+27:23	06:01
216	269	Joaquim Hugo Silva Teixeira	hst car	Senior Masculino	59:06	+27:28	06:02
217	176	Ricardo Costa	lobos do mar	Senior Masculino	59:28	+27:50	06:04
218	215	Rui Tavares	pdi team	Veterano M40	01:00:25	+28:47	06:10
219	217	Manuel Tavares	pdi team	Veterano M45	01:00:25	+28:48	06:10
220	220	Joaquim Santos	pdi team	Veterano M50	01:01:10	+29:33	06:15
221	268	Céu Oliveira	madugym	Veterana F40	01:01:20	+29:42	06:16
222	197	Carla Beça	madugym	Veterana F40	01:01:20	+29:43	06:16
223	213	Alfredo Amadeu Pereira	pdi team	Veterano M40	01:01:33	+29:56	06:17
224	221	Jorge Costa e Silva	pdi team	Veterano M50	01:02:16	+30:39	06:21
225	216	José Santos	pdi team	Veterano M45	01:03:30	+31:52	06:29
226	199	Bernardino Carvalho	madugym	Veterano M40	01:03:42	+32:05	06:30
227	115	André Barros	individual	Senior Masculino	01:04:23	+32:45	06:34
228	84	Pedro Prata	fiães sport clube	Senior Masculino	01:04:25	+32:47	06:34
229	138	Marta Sousa	individual	Veterana F40	01:05:11	+33:34	06:39
230	157	António Manuel dos Santos Couto	individual	Veterano M45	01:05:21	+33:44	06:40
231	31	JOÃO SOUSA	cal - clube atletismo de lamas	Senior Masculino	01:05:57	+34:20	06:44
232	271	João Paulo Amorim Patrício	individual	Veterano M40	01:05:58	+34:21	06:44
233	186	Filipa Alves	madugym	Senior Feminino	01:08:11	+36:34	06:58
234	185	Claudia Paiva	madugym	Senior Feminino	01:08:11	+36:34	06:58
235	187	Filipa Maia	madugym	Senior Feminino	01:08:11	+36:34	06:58
236	156	ANIBAL ABREU	individual	Veterano M45	01:08:31	+36:53	07:00
237	123	jose eduardo neves da rocha	individual	Senior Masculino	01:11:22	+39:45	07:17
238	265	Jorge Emanuel Duarte Mota	macron store porto	Senior Masculino	01:11:40	+40:03	07:19
239	264	Americo Silva	macron store porto	Veterano M40	01:11:47	+40:09	07:19
240	129	Ricardo Cerqueira Cassamá	individual	Senior Masculino	01:19:17	+47:40	08:05
241	110	Ana Teles	individual	Senior Feminino	01:21:05	+49:28	08:17

lap2go TIMING SOLUTION

Ulfilanis Run
Fiães
25-March-2017

Prova Principal

9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	21:00	9ºC	87%
End	22:23	9ºC	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Feminino							
1	211	Eduarda Maria Silva	PDI TEAM	Junior Feminino	50:39		05:10
2	180	Patricia Pereira	madugym	Junior Feminino	52:19	+01:40	05:20
3	20	Filipa Martins	ADC CJ CLARK de Castelo De Paiva	Junior Feminino	55:11	+04:32	05:38
Junior Masculino							
1	74	João Toscano	DCI\CCDRPedrulha-Mealhada	Junior Masculino	34:52		03:33
2	182	Claudio Rodrigues	madugym	Junior Masculino	41:04	+06:12	04:11
3	222	Ruben Ferreira	Peraltafil running	Junior Masculino	42:04	+07:12	04:18
4	181	Bernardo Soares	madugym	Junior Masculino	48:58	+14:06	05:00
Senior Feminino							
1	273	Joana Nunes	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	36:39		03:44
2	278	Justyna Wojak	SC Salgueiros	Senior Feminino	38:06	+01:27	03:53
3	98	Daniela Sousa	GRUPO DESPORTIVO DO ESTREITO	Senior Feminino	39:33	+02:54	04:02
4	55	MÓNICA FERNANDES	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Senior Feminino	40:37	+03:58	04:09
5	56	SÍLVIA SANTOS	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Senior Feminino	41:15	+04:36	04:13
6	184	Cátia Silva	madugym	Senior Feminino	47:52	+11:13	04:53
7	16	Maria Dos Anjos Nunes	ADC CJ CLARK de Castelo De Paiva	Senior Feminino	48:11	+11:32	04:55
8	190	Patricia Ramos	madugym	Senior Feminino	48:58	+12:19	05:00
9	14	Fernanda Oliveira	ADC CJ CLARK de Castelo De Paiva	Senior Feminino	49:17	+12:38	05:02
10	12	Ana Paula Pinto	ADC CJ CLARK de Castelo De Paiva	Senior Feminino	50:03	+13:24	05:06
11	113	Nádia Alexandra Silva Valente	Individual	Senior Feminino	52:20	+15:41	05:20
12	15	Helena Pereira	ADC CJ CLARK de Castelo De Paiva	Senior Feminino	53:16	+16:37	05:26
13	13	Andreia Teixeira	ADC CJ CLARK de Castelo De Paiva	Senior Feminino	53:59	+17:20	05:30
14	224	Carla Pacheco	Peraltafil running	Senior Feminino	54:05	+17:26	05:31
15	114	SMónica	Individual	Senior Feminino	55:49	+19:10	05:42
16	112	Maria Manuela Silva	Individual	Senior Feminino	56:37	+19:58	05:47
17	111	Maria Celeste Pinho Fernandes	Individual	Senior Feminino	57:57	+21:18	05:55
18	188	Irma Vale	madugym	Senior Feminino	58:15	+21:36	05:57
19	189	Maria João Nunes	madugym	Senior Feminino	58:45	+22:06	06:00

Prova Principal

9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	223	Ana Paula oliveira	Peraltafil running	Senior Feminino	58:52	+22:13	06:00
21	186	Filipa Alves	madugym	Senior Feminino	01:08:12	+31:33	06:58
22	185	Claudia Paiva	madugym	Senior Feminino	01:08:12	+31:33	06:58
23	187	Filipa Maia	madugym	Senior Feminino	01:08:12	+31:33	06:58
24	110	Ana Teles	Individual	Senior Feminino	01:21:06	+44:27	08:17

Senior Masculino

1	60	LEONEL FERNANDES	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Senior Masculino	31:38		03:14
2	100	ARTUR OLIVEIRA RODRIGUES	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	32:00	+00:22	03:16
3	7	André Aniceto	ACR Vale de Cambra	Senior Masculino	32:22	+00:44	03:18
4	77	Tiago Madureira	DCI\CCDRPedrulha-Mealhada	Senior Masculino	33:03	+01:25	03:22
5	85	TOZE CASTRO	FIÃES SPORT CLUBE	Senior Masculino	33:27	+01:49	03:25
6	86	VITOR SANTOS	FIÃES SPORT CLUBE	Senior Masculino	33:33	+01:55	03:25
7	8	Bruno Freitas	ACR Vale de Cambra	Senior Masculino	33:50	+02:12	03:27
8	58	CELSO LEITE	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Senior Masculino	34:14	+02:36	03:30
9	59	HELDER PIRES	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Senior Masculino	34:28	+02:50	03:31
10	76	Telmo Nascimento	DCI\CCDRPedrulha-Mealhada	Senior Masculino	34:48	+03:10	03:33
11	78	ANDRE SILVA	FIÃES SPORT CLUBE	Senior Masculino	34:59	+03:21	03:34
12	83	JOSE ALMEIDA	FIÃES SPORT CLUBE	Senior Masculino	35:53	+04:15	03:40
13	125	Luís Silva	Individual	Senior Masculino	36:02	+04:24	03:41
14	82	HELDER ROBALINHO	FIÃES SPORT CLUBE	Senior Masculino	36:49	+05:11	03:45
15	246	FÁBIO CORREIA	Trail Running Clube Btt Sanguedo	Senior Masculino	36:50	+05:12	03:46
16	57	CARLOS SQUEIRA	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Senior Masculino	37:11	+05:33	03:48
17	255	Adriano Fonseca	VIVALLEY RUNNERS	Senior Masculino	38:13	+06:35	03:54
18	126	Marco Paiva	Individual	Senior Masculino	38:23	+06:45	03:55
19	80	CLAUDIO COSTA	FIÃES SPORT CLUBE	Senior Masculino	38:37	+06:59	03:56
20	79	BRUNO MELO	FIÃES SPORT CLUBE	Senior Masculino	38:37	+06:59	03:56
21	175	Ivan Silva	Limitless	Senior Masculino	38:42	+07:04	03:57
22	67	Bruno santos	Clube Independente de Argoncilhe	Senior Masculino	38:51	+07:13	03:58
23	258	Bruno Amorim	Xica La Manca	Senior Masculino	39:17	+07:39	04:01
24	81	DIOGO COUTINHO	FIÃES SPORT CLUBE	Senior Masculino	39:18	+07:40	04:01
25	195	Rafael Silva	madugym	Senior Masculino	39:47	+08:09	04:04
26	259	Filipe José Granja Dias	Xica La Manca	Senior Masculino	40:25	+08:47	04:07
27	263	Tiago Alves	MACRON STORE PORTO	Senior Masculino	41:42	+10:04	04:15
28	61	MARCO SILVA	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Senior Masculino	41:55	+10:17	04:17
29	275	Paulo Oliveira	AFIS/OVAR	Senior Masculino	42:03	+10:25	04:17
30	41	António Neves	Caldas S. Jorge Sport Clube	Senior Masculino	42:57	+11:19	04:23
31	266	Rui Morais	madugym	Senior Masculino	43:22	+11:44	04:25
32	94	Pedro Miguel Gonçalves	Fogaças com Malapos	Senior Masculino	43:26	+11:48	04:26
33	261	Ricardo Almeida	Xica La Manca	Senior Masculino	43:32	+11:54	04:27
34	42	Ricardo Ferrão	Caldas S. Jorge Sport Clube	Senior Masculino	44:10	+12:32	04:30

Prova Principal — 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

35	91	Hugo Ricardo Lima	Fogaças com Malapos	Senior Masculino	44:27	+12:49	04:32
36	116	ANDRÉ FILIPE FERNANDES DOS SANTOS	Individual	Senior Masculino	44:47	+13:09	04:34
37	193	David Garrido	madugym	Senior Masculino	45:03	+13:25	04:36
38	109	Rui Miguel Teixeira	HST CAR	Senior Masculino	45:42	+14:04	04:40
39	6	Pedro Vieira	A.D.Sebolido Trail Boneca D`Ouro	Senior Masculino	45:58	+14:20	04:41
40	119	Daniel Moreira	Individual	Senior Masculino	46:03	+14:25	04:42
41	276	Tiago Santos	Individual	Senior Masculino	46:29	+14:51	04:45
42	132	Simão Cardoso	Individual	Senior Masculino	46:46	+15:08	04:46
43	127	Nuno Santos	Individual	Senior Masculino	46:46	+15:08	04:46
44	192	António Ventura	madugym	Senior Masculino	46:49	+15:11	04:47
45	133	Tiago Mendes	Individual	Senior Masculino	47:19	+15:41	04:50
46	194	João Rocha	madugym	Senior Masculino	48:57	+17:19	05:00
47	229	Luís Guimarães	Peraltafil running	Senior Masculino	49:09	+17:31	05:01
48	225	André Tavares	Peraltafil running	Senior Masculino	49:09	+17:31	05:01
49	228	Fernando Gomes	Peraltafil running	Senior Masculino	49:10	+17:32	05:01
50	68	Nuno silva	Clube Independente de Argoncilhe	Senior Masculino	49:28	+17:50	05:03
51	32	JOSÉ MOREIRA	CAL - Clube Atletismo de Lamas	Senior Masculino	50:44	+19:06	05:11
52	230	Sérgio Costa	Peraltafil running	Senior Masculino	51:27	+19:49	05:15
53	196	Tiago Sousa	madugym	Senior Masculino	51:31	+19:53	05:15
54	209	Bruno Silva	Os arbitros tambem correm	Senior Masculino	51:31	+19:53	05:15
55	92	Luis Ricardo Faria Branco	Fogaças com Malapos	Senior Masculino	51:32	+19:54	05:15
56	89	Carlos Daniel Brandão	Fogaças com Malapos	Senior Masculino	51:32	+19:54	05:16
57	260	Pedro Simão Silva	Xica La Manca	Senior Masculino	51:53	+20:15	05:18
58	93	Pedro Cerdeirinha	Fogaças com Malapos	Senior Masculino	52:38	+21:00	05:22
59	90	Filipe Sá Coelho	Fogaças com Malapos	Senior Masculino	52:38	+21:00	05:22
60	18	Filipe Pinto	ADC CJ CLARK de Castelo De Paiva	Senior Masculino	53:16	+21:38	05:26
61	117	Augusto Ribeiro	Individual	Senior Masculino	53:20	+21:42	05:27
62	227	Celso Silva	Peraltafil running	Senior Masculino	54:05	+22:27	05:31
63	131	Sérgio oliveira	Individual	Senior Masculino	54:06	+22:28	05:31
64	226	Bruno Neves	Peraltafil running	Senior Masculino	54:36	+22:58	05:34
65	50	Marco Aurélio Marques dos Santos	CINCA, S.A.	Senior Masculino	55:01	+23:23	05:37
66	242	Alexandre Cardoso	Saudades do sofá!	Senior Masculino	55:23	+23:45	05:39
67	121	Fernando Pinho Oliveira	Individual	Senior Masculino	56:20	+24:42	05:45
68	134	Vitor Alexandre Tavares Pinto	Individual	Senior Masculino	57:16	+25:38	05:51
69	122	Hugo Henriques	Individual	Senior Masculino	57:16	+25:38	05:51
70	53	Pedro Miguel Ferreira de Oliveira e Castro	ClãCastro	Senior Masculino	58:59	+27:21	06:01
71	124	José Pires	Individual	Senior Masculino	59:01	+27:23	06:01
72	269	Joaquim Hugo Silva Teixeira	HST CAR	Senior Masculino	59:06	+27:28	06:02
73	176	Ricardo Costa	Lobos do Mar	Senior Masculino	59:28	+27:50	06:04
74	115	André Barros	Individual	Senior Masculino	01:04:23	+32:45	06:34
75	84	Pedro Prata	FIÃES SPORT CLUBE	Senior Masculino	01:04:25	+32:47	06:34
76	31	JOÃO SOUSA	CAL - Clube Atletismo de Lamas	Senior Masculino	01:05:58	+34:20	06:44
77	123	jose eduardo neves da rocha	Individual	Senior Masculino	01:11:23	+39:45	07:17
78	265	Jorge Emanuel Duarte Mota	MACRON STORE PORTO	Senior Masculino	01:11:41	+40:03	07:19

79	129	Ricardo Cerqueira Cassamá	Individual	Senior Masculino	01:19:18	+47:40	08:05

Veterana F40

1	205	Regina Maria Gilvaz	Núcleo de Atletismo de Cucujães	Veterana F40	40:50		04:10
2	22	Helena Sampaio	AFIS/OVAR	Veterana F40	42:56	+02:06	04:23
3	99	Carla Sousa	Sporting Clube de Espinho / António Leitão	Veterana F40	46:40	+05:50	04:46
4	141	Sofia Coelho	Individual	Veterana F40	47:04	+06:14	04:48
5	247	ROSA CONCEIÇÃO	Trail Running Clube Btt Sanguedo	Veterana F40	48:40	+07:50	04:58
6	212	Cristina Maria Castro Silva	PDI TEAM	Veterana F40	50:43	+09:53	05:11
7	140	Silvia da Conceição Ferreira Baptista	Individual	Veterana F40	52:55	+12:05	05:24
8	17	Elisabete Barbosa	ADC CJ CLARK de Castelo De Paiva	Veterana F40	53:25	+12:35	05:27
9	136	Fatima Leal	Individual	Veterana F40	54:06	+13:16	05:31
10	62	FÁTIMA ALEIXO	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Veterana F40	54:45	+13:55	05:35
11	137	Maria Filomena Coelho da Silva Pinheiro	Individual	Veterana F40	55:31	+14:41	05:40
12	277	Lurdes Tavares	CAL - Clube Atletismo de Lamas	Veterana F40	55:40	+14:50	05:41
13	237	Susana canhola	Pernetas	Veterana F40	55:40	+14:50	05:41
14	198	Clara Pereira	madugym	Veterana F40	56:19	+15:29	05:45
15	231	Deolinda Ferreira	Peraltafil running	Veterana F40	56:28	+15:38	05:46
16	268	Céu Oliveira	madugym	Veterana F40	01:01:20	+20:30	06:16
17	197	Carla Beça	madugym	Veterana F40	01:01:21	+20:31	06:16
18	138	Marta Sousa	Individual	Veterana F40	01:05:12	+24:22	06:39

Veterana F50

1	262	Maria Eugenia Rodrigues Teixeira	MACRON STORE PORTO	Veterana F50	41:42		04:15
2	19	Adélia Tavares	ADC CJ CLARK de Castelo De Paiva	Veterana F50	45:35	+03:53	04:39
3	172	MATILDE BAPTISTA	JAM JUVENTUDE ATLÉTICA MOZELENSE	Veterana F50	45:42	+04:00	04:40
4	244	FLORBELA COSTA	SERVIÇOS SOCIAIS TRABALHADORES MUNICIPIO DE OVAR	Veterana F50	48:27	+06:45	04:57
5	143	FATIMA PAIS	Individual	Veterana F50	51:02	+09:20	05:12
6	171	MARINHA BAPTISTA	JAM JUVENTUDE ATLÉTICA MOZELENSE	Veterana F50	54:25	+12:43	05:33
7	144	Maria Alice Pinto da Silva Fernandes	Individual	Veterana F50	55:26	+13:44	05:39
8	248	MARGARIDA MACHADO	Trail Running Clube Btt Sanguedo	Veterana F50	55:35	+13:53	05:40

Veterano M40

1	102	PAULO JORGE SOARES PEREIRA	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	33:14		03:23

Prova Principal — 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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2	206	Fernando Lima	Núcleo de Atletismo de Cucujães	Veterano M40	34:39	+01:25	03:32
3	207	Norbeto Silva	Núcleo de Atletismo de Cucujães	Veterano M40	35:06	+01:52	03:35
4	35	FILIPE FONTES	CAL - Clube Atletismo de Lamas	Veterano M40	37:25	+04:11	03:49
5	256	Cláudio Fonseca	VIVALLEY RUNNERS	Veterano M40	38:00	+04:46	03:53
6	87	JOAO PAULO	FIÃES SPORT CLUBE	Veterano M40	38:44	+05:30	03:57
7	257	Ricardo Fonseca	VIVALLEY RUNNERS	Veterano M40	39:42	+06:28	04:03
8	249	MANUEL BASTOS	Trail Running Clube Btt Sanguedo	Veterano M40	42:06	+08:52	04:18
9	250	RICHARD GUSTAVO NOGUEIRA DA SILVA	Trail Running Clube Btt Sanguedo	Veterano M40	42:06	+08:52	04:18
10	69	Paulo monteiro	Clube Independente de Argoncilhe	Veterano M40	43:37	+10:23	04:27
11	101	MIGUEL FILIPE SOARES DOS SANTOS	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	45:25	+12:11	04:38
12	151	Miguel Ferreira	Individual	Veterano M40	46:57	+13:43	04:47
13	34	FERNANDO BERNARDINO	CAL - Clube Atletismo de Lamas	Veterano M40	47:45	+14:31	04:52
14	154	Peixinho RM	Individual	Veterano M40	47:52	+14:38	04:53
15	150	Luis Ferreira Gomes	Individual	Veterano M40	48:33	+15:19	04:57
16	200	José Madureira	madugym	Veterano M40	48:35	+15:21	04:57
17	232	Sérgio Gomes	Peraltafil running	Veterano M40	49:10	+15:56	05:01
18	152	Paulo Vaz	Individual	Veterano M40	49:32	+16:18	05:03
19	36	JOEL SANTOS	CAL - Clube Atletismo de Lamas	Veterano M40	49:56	+16:42	05:06
20	95	RENATO ARAÚJO	GDCR Feira Runners	Veterano M40	50:03	+16:49	05:06
21	23	Pedro Necho	AFIS/OVAR	Veterano M40	51:47	+18:33	05:17
22	51	Víctor António da Costa e Sousa	CINCA, S.A.	Veterano M40	52:51	+19:37	05:24
23	214	Miguel Silva	PDI TEAM	Veterano M40	52:58	+19:44	05:24
24	149	José costa	Individual	Veterano M40	53:20	+20:06	05:27
25	153	Pedro Soares	Individual	Veterano M40	53:23	+20:09	05:27
26	145	Antonio albuquerque	Individual	Veterano M40	53:42	+20:28	05:29
27	148	Jorge Fontes	Individual	Veterano M40	54:03	+20:49	05:31
28	108	PAULO MANUEL OLIVEIRA RAMOS	GRUPO JUVENIL PINHEIRO DA BEMPOSTA -O. AZEMÉIS	Veterano M40	54:31	+21:17	05:34
29	21	Rui martins	ADC CJ CLARK de Castelo De Paiva	Veterano M40	55:10	+21:56	05:38
30	146	Inácio Ferreira	Individual	Veterano M40	55:32	+22:18	05:40
31	147	Jorge Faria	Individual	Veterano M40	55:56	+22:42	05:42
32	215	Rui Tavares	PDI TEAM	Veterano M40	01:00:25	+27:11	06:10
33	213	Alfredo Amadeu Pereira	PDI TEAM	Veterano M40	01:01:34	+28:20	06:17
34	199	Bernardino Carvalho	madugym	Veterano M40	01:03:43	+30:29	06:30
35	271	João Paulo Amorim Patrício	Individual	Veterano M40	01:05:59	+32:45	06:44
36	264	Americo Silva	MACRON STORE PORTO	Veterano M40	01:11:47	+38:33	07:19

Veterano M45

1	9	António Fernandes	ACR Vale de Cambra	Veterano M45	33:44		03:27
2	103	MANUEL DE JESUS RIBEIRO URBANO	Grupo Desportivo e Cultural de Guilhovai	Veterano M45	34:32	+00:48	03:31
3	104	MANUEL VALENTE FERREIRA	Grupo Desportivo e Cultural de Guilhovai	Veterano M45	34:41	+00:57	03:32
4	72	Camilo Guedes	Clube Pessoal Aguas Gaia	Veterano M45	35:34	+01:50	03:38

Prova Principal — 9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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5	270	Paulo Reis	Sporting Clube de Espinho / António Leitão	Veterano M45	35:51	+02:07	03:40
6	44	renato silva	Caldas S. Jorge Sport Clube	Veterano M45	36:22	+02:38	03:43
7	38	AUGUSTO ALUAI	CAL - Clube Atletismo de Lamas	Veterano M45	38:17	+04:33	03:54
8	37	AGOSTINHO GONÇALVES	CAL - Clube Atletismo de Lamas	Veterano M45	41:39	+07:55	04:15
9	208	José Silva	Núcleo de Atletismo de Cucujães	Veterano M45	42:04	+08:20	04:18
10	11	Paulo Jorge Gomes Santos	ACRDE	Veterano M45	42:57	+09:13	04:23
11	251	ALCINO SANTOS	Trail Running Clube Btt Sanguedo	Veterano M45	43:29	+09:45	04:26
12	238	Fernando costs	Pernetas	Veterano M45	43:57	+10:13	04:29
13	43	José Carlos Sousa	Caldas S. Jorge Sport Clube	Veterano M45	45:42	+11:58	04:40
14	160	Fernando Ferreira	Individual	Veterano M45	46:14	+12:30	04:43
15	158	Baltazar Ferreira	Individual	Veterano M45	46:32	+12:48	04:45
16	253	QUINTINO AMORIM	Trail Running Clube Btt Sanguedo	Veterano M45	48:40	+14:56	04:58
17	202	Luis Morais	madugym	Veterano M45	49:21	+15:37	05:02
18	52	Marcelo Vieira Fernandes	CINCA, S.A.	Veterano M45	49:42	+15:58	05:04
19	201	Agostinho Alves	madugym	Veterano M45	51:10	+17:26	05:13
20	218	Rui Santos	PDI TEAM	Veterano M45	51:40	+17:56	05:16
21	96	Hélder Ramos	GDG - Grupo Desportivo da Gafanha	Veterano M45	51:43	+17:59	05:17
22	161	Fernando Pais	Individual	Veterano M45	52:51	+19:07	05:24
23	173	JOSÉ PINTO	JAM JUVENTUDE ATLÉTICA MOZELENSE	Veterano M45	54:25	+20:41	05:33
24	239	Ricardo Monteiro	RUNNING ESPINHO	Veterano M45	55:06	+21:22	05:37
25	243	Ricardo Ribeiro	Saudades do sofá!	Veterano M45	55:23	+21:39	05:39
26	272	Paulo Gomes	Individual	Veterano M45	55:31	+21:47	05:40
27	217	Manuel Tavares	PDI TEAM	Veterano M45	01:00:26	+26:42	06:10
28	216	José Santos	PDI TEAM	Veterano M45	01:03:30	+29:46	06:29
29	157	António Manuel dos Santos Couto	Individual	Veterano M45	01:05:22	+31:38	06:40
30	156	ANIBAL ABREU	Individual	Veterano M45	01:08:31	+34:47	07:00

Veterano M50

1	241	MÁRIO SILVA	S.S.T.S.J.M. Serviços Sociais dos Trabalhadores do Município de S. João da Madeira	Veterano M50	35:47		03:39
2	105	MANUEL FERNANDO SOARES FERREIRA	Grupo Desportivo e Cultural de Guilhovai	Veterano M50	36:00	+00:13	03:40
3	29	Belmiro Rodrigues	C.F.OLIVEIRA DO DOURO	Veterano M50	36:23	+00:36	03:43
4	63	JOAO RODRIGUES	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Veterano M50	39:26	+03:39	04:01
5	64	MARIO VAZ	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Veterano M50	40:01	+04:14	04:05
6	245	AMERICO VALENTE	SERVIÇOS SOCIAIS TRABALHADORES MUNICIPIO DE OVAR	Veterano M50	41:15	+05:28	04:13
7	10	José Graça	ACR Vale de Cambra	Veterano M50	42:24	+06:37	04:20
8	39	ANTÓNIO CASTRO	CAL - Clube Atletismo de Lamas	Veterano M50	42:45	+06:58	04:22
9	165	Henrique Melo	Individual	Veterano M50	43:28	+07:41	04:26

Prova Principal

9.8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	174	MANUEL PEREIRA	JAM JUVENTUDE ATLÉTICA MOZELENSE	Veterano M50	45:26	+09:39	04:38
11	254	CELESTINO NOGUEIRA	Trail Running Clube Btt Sanguedo	Veterano M50	45:29	+09:42	04:38
12	70	Jose reis	Clube Independente de Argoncilhe	Veterano M50	46:38	+10:51	04:46
13	203	Carlos Ribeiro	madugym	Veterano M50	49:00	+13:13	05:00
14	235	Luís Silva	Peraltafil running	Veterano M50	49:10	+13:23	05:01
15	163	Alfredo Pereira da Rocha	Individual	Veterano M50	49:46	+13:59	05:05
16	164	Armando Carlos Cunha Santos	Individual	Veterano M50	50:32	+14:45	05:09
17	240	jose pereira	RUNNING ESPINHO	Veterano M50	50:34	+14:47	05:10
18	25	José Figueiredo	AFIS/OVAR	Veterano M50	51:47	+16:00	05:17
19	219	Germano Silva Santos	PDI TEAM	Veterano M50	52:58	+17:11	05:24
20	220	Joaquim Santos	PDI TEAM	Veterano M50	01:01:11	+25:24	06:15
21	221	Jorge Costa e Silva	PDI TEAM	Veterano M50	01:02:17	+26:30	06:21

Veterano M55

1	27	Joaquim Silva	Bairro Carcavelos	Veterano M55	36:37		03:44
2	26	Benjamim Soares	Bairro Carcavelos	Veterano M55	37:18	+00:41	03:48
3	73	José Adelino	Clube Pessoal Aguas Gaia	Veterano M55	39:40	+03:03	04:03
4	45	Jose Silva	Caldas S. Jorge Sport Clube	Veterano M55	41:01	+04:24	04:11
5	204	André Silva	madugym	Veterano M55	44:54	+08:17	04:35
6	167	Manuel Oliveira	Individual	Veterano M55	46:10	+09:33	04:43
7	236	António Ferreira	Peraltafil running	Veterano M55	49:10	+12:33	05:01
8	97	fernando rocha	grupo desportivo leoes de veneza	Veterano M55	51:33	+14:56	05:16
9	166	Fernando Silva	Individual	Veterano M55	55:31	+18:54	05:40

Veterano M60

1	28	casimiro galhardo	Bairro Carcavelos	Veterano M60	36:58		03:46
2	169	Horacio teixeira	Individual	Veterano M60	39:02	+02:04	03:59
3	170	Manuel Dourado	Individual	Veterano M60	39:40	+02:42	04:03
4	106	CARLOS DE SÁ OLIVEIRA	Grupo Desportivo e Cultural de Guilhovai	Veterano M60	45:01	+08:03	04:36
5	71	Manuel santos	Clube Independente de Argoncilhe	Veterano M60	46:38	+09:40	04:46
6	65	ARLINDO PINTO	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Veterano M60	48:27	+11:29	04:57
7	40	LUCÍDIO DIAS	CAL - Clube Atletismo de Lamas	Veterano M60	50:52	+13:54	05:11
8	66	JOAQUIM COSTA	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	Veterano M60	54:50	+17:52	05:36
9	46	Ramiro Monteiro	Caldas S. Jorge Sport Clube	Veterano M60	55:04	+18:06	05:37

Ulfilanis Run
Fiães
25-March-2017

COLETIVA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Grupo Desportivo e Cultural de Guilhovai	2 + 5 + 12	19
2	ACR Vale de Cambra	3 + 8 + 9	20
3	CLUBE DE ATLETISMO DE OVAR - C.A.OVAR	1 + 10 + 11	22
4	FIÃES SPORT CLUBE	6 + 7 + 17	30
5	DCI\CCDRPedrulha-Mealhada	4 + 15 + 16	35
6	Núcleo de Atletismo de Cucujães	13 + 18 + 57	88
7	Bairro Carcavelos	27 + 31 + 33	91
8	VIVALLEY RUNNERS	35 + 37 + 52	124
9	CAL - Clube Atletismo de Lamas	34 + 38 + 62	134
10	Caldas S. Jorge Sport Clube	25 + 58 + 75	158
11	Trail Running Clube Btt Sanguedo	30 + 69 + 70	169
12	Xica La Manca	46 + 55 + 80	181
13	madugym	53 + 59 + 76	188
14	Clube Independente de Argoncilhe	44 + 81 + 102	227
15	AFIS/OVAR	66 + 73 + 156	295
16	Fogaças com Malapos	77 + 84 + 151	312
17	Peraltafil running	68 + 125 + 126	319
18	ADC CJ CLARK de Castelo De Paiva	92 + 114 + 131	337
19	JAM JUVENTUDE ATLÉTICA MOZELENSE	90 + 94 + 181	365
20	MACRON STORE PORTO	63 + 64 + 238	365
21	PDI TEAM	142 + 143 + 154	439
22	CINCA, S.A.	135 + 163 + 187	485